

**THE CATECHETICAL INSTRUCTIONS**  
**of**  
**ST. THOMAS AQUINAS**

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## **INTRODUCTION**

Some are of the opinion that the teaching of religion requires no preparation and that anything is good enough for the child. Asking catechism questions and listening to the child's recitation of the memorised answers--exercises which are considered as constituting the whole process of catechisation--are in their estimation, after all, very simple tasks. And if the child stumbles and hesitates, a little prompting will elicit the desired answer. Unfortunately these exercises of verbal memory, instead of inflaming the child with a love of God, leave him as cold as do the drills of the multiplication table. The unassimilated abstract forms, instead of promoting spiritual growth, become non-functional memory loads. Religion, presented by methods such as these, strikes the child as a mere formality and as a hard law, and he applies himself to it more out of necessity than out of love and a joyous enthusiasm.

The teacher must carefully prepare the religion lesson if he wishes to give an accurate and adequate explanation of the catechismal truths. The child's intellectual powers are not sufficiently developed to grasp correctly a religious truth without appropriate explanations. The adult has by experience acquired many ideas and can interpret the new in terms of the old. But this is not true of the child. For him the bread of divine truth and life must be broken slowly. At the same time his mind is an "unmarked virgin slate" which registers new impressions with the pliability of wax and retains them with the durability of marble. If a child, through a faulty presentation on the part of the teacher, assimilates an erroneous idea in his early years, he may retain it for the rest of his life. The child will be confirmed in his error by the teacher's authority, which he accepts unquestioningly, and by his own imitative tendency which makes him readily repeat whatever the teacher says. If the instructor is to be a messenger of truth and not of error, he must have access to doctrinal commentaries in which the truths of faith are explained in a simple, accurate and authoritative manner.

The catechist must supply those concrete explanations which the Catechism and religion books are obliged in their brevity to leave out. Theological manuals in use by priests and seminarians usually state a thesis and then prove it from the infallible decrees of the Church, from the Scriptures and Fathers, and finally from reason. The thesis should logically be placed at the end of such a discussion, since it is an abstract conclusion based upon many concrete facts. The doctrinal statements in our Catechisms and religion books are also conclusions--conclusions based upon facts derived from various sources. To expect the child to grasp these abstract formulas without first becoming acquainted with the concrete facts on which they are based, is to expect greater intellectual acumen in the child than in the theologian. Catechists must with the help of appropriate handbooks build up the rich doctrinal background which the Catechism and religion books presuppose.

In his translation entitled "The Catechetical Instructions of St. Thomas Aquinas," the Rev. Joseph B. Collins, S.S., S.T.D., Professor of Theology and Catechetics at the Catholic University of America, has made available to teachers of religion a theologically accurate explanation of the Catechism. It is Dr. Collins' latest contribution to the catechetical movement in America. The appearance of this translation of St. Thomas' catechetical works will be greeted with genuine satisfaction by all. In these days of renewed interest in Thomism, especially on the part of laymen, it will be comforting to know that the vast knowledge of the Church's greatest theologian is now made accessible--in a condensed and simple form--not only to teachers of religion but to the laity at large.

The work presents several peculiarities. Suggestive of the medieval custom of dividing the contents of catechetical manuals, the work contains an explanation of the Creed, the Sacraments, the Commandments, the Our Father, and the Hail Mary. The principle of doctrinal correlation is frequently in evidence. Thus, a brief explanation of the Sacraments is correlated with the Tenth Article of the Creed--"The Communion of Saints, the Forgiveness of Sins"; for it is through the Sacraments that Christ, our Head, communicates graces to the members of His Mystical Body. As in the great theological syntheses of the Middle Ages, the presentation of truth is comparatively cold and abstract. The medieval theologians deemed it inadvisable to appeal to the imagination and to the emotions in the quest of truth. But they were by no means unacquainted with the ethical appeal of the truths they were discussing. In no one's career, perhaps, was the golden thread of doctrine so closely woven into the tissues of a perfect life as in that of St. Thomas. Of him it may be said that he wished to know in order that he might love; then, because he loved, he wished to scrutinise ever more closely the object of his affections. His sublime hymns on the Eucharist are best proof that lofty speculation does not suppress or warp the affective element in human nature.

To-day, as in other ages, "truths are decayed, they are diminished among the children of men." The environment in which we live and the atmosphere which we breathe are tainted with irreligion and unbelief. May the perusal of this book produce in the readers that strong faith, fond hope, and burning love of God which animated the soul of the great theologian, the Angelic Doctor, St. Thomas Aquinas!

RUDOLPH G. BANDAS, S.T.D. ET M.

#### TRANSLATOR'S PREFACE

#### ST. THOMAS AQUINAS

St. Thomas Aquinas was born about the year 1225.<sup>1</sup> The name Aquinas derived from the territory of his father, Count Landulf of Aquina, in the vicinity of Naples. The mother of Thomas was Theodora, Countess of Teano, and his family was related to the Emperors Henry VI and Frederick II, and to the Kings of France, Aragon, and Castile. "He could have quartered half the kingdoms of Europe in his shield," wrote Chesterton, "if he had not thrown away the shield. He was Italian and French and German and in every way European."<sup>[2]</sup> At the early age of five Thomas was sent to school at the Benedictine Monastery of Monte Cassino. He showed at once the great gifts of intellect with which he had been endowed. His biographers attest to the piety and inquiring nature of this young pupil, who would surprise his master with the oft-repeated question: "What is God?" The early Benedictine training left Thomas with a life-long devotion to the Liturgy, and prepared him for further studies at the famed University of Naples where he was enrolled in or about the year 1239. While at Naples Thomas met with the members of the Order of St. Dominic, which had been founded some twenty years earlier. He made known his desire to be a Dominican about 1240, and instantly met with strong opposition from his family, but especially from his mother. At length he received the Dominican habit in April, 1244, and was chosen to continue his studies at the Dominican school of studies at the University of Paris.

Countess Theodora completely disapproved of this journey, and sent two of her sons and a detachment of soldiers to intercept Friar Thomas on his way to Paris. In this she was successful, and for nearly two years he was held a virtual prisoner in the family castle. This period was well spent by Thomas in study and meditation. Here he was constantly urged to forsake his vocation, and on one occasion he was tempted by a woman who had been thrust into his chamber by his own brothers. Thomas arose and grasping a burning brand from the fire, forced the temptress from his room. Then with characteristic vigour he burned deep in the door the potent sign of the cross. In

later years he confided to his secretary and companion, Reginald of Piperno, that immediately after this event he as granted his urgent prayer for the gift of perpetual chastity, and thereafter had complete freedom from the motions of concupiscence. : seems probable that this gave first basis for his title of Angelic Doctor.

In 1245 St. Thomas began to attend the lectures in theology of St. Albert the Great at the University of Paris. He made extraordinary progress in his studies, and three years later he accompanied St. Albert to Cologne there to continue his study. He was engaged n teaching in 1250. This same year marks his ordination to the priesthood. Thomas accompanied his teacher, Albert the Great, back to Paris in 1252, where he continued his lecturing and at the same time prepared for the examinations for the degree of Master n Theology. He was awarded the degree in 1257 from the University of Paris. He continued to lecture at this world-famous institution during these early years in his career, which was marked by developing intellectual power and originality and growing familiarity with the vast field of theological and philosophical learning.

St. Thomas was called to Rome in 1259, and for nine busy years was teaching, lecturing, and writing as the theologian of the Papal Court. He continued his study of Aristotle, and was deeply engrossed in the literature of the Fathers of the Church. "He worked with the spirit of a missionary," says Martian, "in the cause of Truth against error." [3] His chief writings of this period were a number of philosophical works, commentaries on various Books of the Old and New Testaments, theological disputations; above all, in 1267 or 1268 he completed the First Part of his masterpiece, the "Summa Theologica."

St. Thomas was already widely known as a great theologian and scholar in this century which abounded in great theologians and scholars. Recalled to Paris to replace a stricken Master of Theology at the University, he began the last period of his life. He was to live less than six more years. They were crowded years of writing, teaching, and preaching. His Sermons, which fill a good-sized volume, were begun in the early years of his priestly life, and he continued to preach until his death. He was an authority on the spiritual life, and personally experienced the trials and consolations of the trained ascetic and the true contemplative. His writings on ascetic and mystical theology are original and permanent contributions to the science of the Saints. It is related of him that, after having written the sublime treatise on the Holy Eucharist, he was seen to fall into an ecstasy, and a voice from the crucifix above the altar was heard to say: "Thou hast written well of Me, Thomas. What reward wilt thou have?" To this the Saint replied: "None, Lord, other than Thyself."

Thomas remained in Paris for three years, from 1269 to 1272,4 in the full maturity of his powers and the manifold outpourings of his genius. All of the Second Part of the "Summa Theologica" was written at this time, and the Third Part was begun. In 1272 he was recalled to Naples by order of the king to teach at the University of Naples which he had attended as a boy. He put the finishing touches on his numerous projects, completed the Third Part of the "Summa" up to Question XC, and then laid down his pen already worn out at the early age of 48. "I can do no more," he said on the morning of December 6, 1273. He had experienced an ecstasy during Mass and said to Reginald, his secretary: "Such secrets have been revealed to me that all I have written now appears of little value." During the following Lenten season, Thomas gave to the students and townsfolk of Naples the series of catechetical instructions on the Creed, Commandments, and Prayer which make up part of this volume. They are his last words. He died on March 7, 1274, at Fossanuova in Northern Italy while on his way to attend the Council of Lyons. St. Thomas Aquinas lived in an age of great scholars and great Saints. He is the "prince and Master of all." [5]

St. Thomas was canonised in 1323. St. Pius proclaimed him a Doctor of the Universal Church in 1567. When Pope Leo XIII wrote his famous Encyclical, "Aeterni Patris," on the restoration of Christian philosophy, he urged his readers with all the force of his apostolic office "to restore the



golden wisdom of St. Thomas and to spread it far and wide for the defence and beauty of the Catholic Faith, for the good of society, and for the advantage of all sciences." The same Pontiff, in a Brief dated August 4, 1880, designated St. Thomas Patron of all Catholic universities, and his successors, including Pope Pius XI, have ordered Catholic teachers to make the explanations of Christian Doctrine by St. Thomas the basis for all their teaching.

### CHIEF WORKS OF ST. THOMAS

More than sixty separate works, some of great length and some brief, came from the fertile mind of the Angelic Doctor.[6] Most important and, one would wish, most familiar of all his writings is the "Summa Theologica." This is a complete scientific exposition of theology and at the same time a summary of Christian philosophy. St. Thomas considered this work simply as a manual of Christian Doctrine for the use of students. He thus announced its division: "Since the chief aim of this sacred science is to give a knowledge of God, not only as He is in Himself, but also as He is the Beginning of all things and the End of all, especially of all rational creatures--we shall treat first of God; secondly, of rational creatures' advance towards God; thirdly, of Christ who as Man is the Way by which we tend to God." These are the leading ideas of his "Summa," and upon them he based the three Parts of this great work.

The "Summa contra Gentiles," whose full title is "Treatise on the truth of the Catholic Faith against Unbelievers" (1258-1261), is the most profound and doubtless the most powerful apologetically work ever written. It is St. Thomas' "Summa philosophica," taking philosophy in the modern sense. The long list of Commentaries on the Sacred Scriptures are exhaustive, of great depth, and of permanent value. The "Perfection of the Spiritual Life" is one of the classics in the field of ascetical and mystical theology, and together with pertinent parts of the "Summa" forms a complete explanation of the Christian higher life.[7] St. Thomas also wrote the admirable "Office for the Feast of Corpus Christi" with its familiar prayers and hymns.[8]

### THE OPUSCULA

The "Opuscula" or "Little Treatises" are very numerous. In the course of time works were listed among the "Opuscula" which were not written by St. Thomas. In the "official" catalogue of Reginald of Piperno the "Opuscula" number seventy. They may be roughly classified as philosophical and theological, on moral and canonical questions, on Liturgy and the religious life, and catechetical instructions. There are some "Opuscula" not listed in the "official" catalogue which are now considered authentic. The five "Opuscula" which are translated in the present volume are undoubtedly authentic." The Explanations of the "Creed," the "Our Father," and the "Ten Commandments" are numbers 66, 65, 68 respectively in the catalogue which was prepared for the process of canonisation of St. Thomas. The Explanation of the "Hail Mary" is listed in the catalogue of Bernard Guidonis and in later lists. This is noteworthy, since Bernard had before him the official list. Both Mandonnet and Grabmann consider the work authentic.[10] St. Thomas gave these Explanations to the students and people of Naples during his last Lenten season on earth. The talks on the Ten Commandments were written down by Peter d'Andrea, and the Explanation of the other prayers were faithfully reported by his secretary and companion, Reginald of Piperno.

The "Explanation of the Seven Sacraments" is the second part of the treatise, "De fidei articulis et septem sacramentis," which St. Thomas wrote at the request of the Archbishop of Palermo in 1261-62. It is noteworthy that the famed "Decretum pro Armenis" (Instruction for the Armenians), issued by the authority of the Council of Florence, is taken almost verbatim from the second part of this "Opusculum" (i.e., the "Explanation of the Seven Sacraments"). It is not a definition of the Council, but a practical instruction, as Denzinger points out.[11]

The latest editions of the "Opuscula" are the Vives edition (Paris) of 1871-80 and the Parma edition of 1852-73. This latter edition is reedited by Mandonnet with a new order and an introduction (Lethielleux, Paris, 1927). The "catechetical" "Opuscula" are here given in one volume in English for the first time. An English translation of two of these under the title, "On the Commandments" and "On the Lord's Prayer," was made by the Reverend H. A. Rawes in England in 1891. It is now out of print and practically inaccessible. Recently an English translation was made by Rev. Lawrence Shapcote, O. P., in two small volumes with the titles, "The Three Greatest Prayers" and "The Commandments of God" (Burns and Oates, 1937). The "Explanation of the Seven Sacraments," however, is here given for the first time in English.

## ST. THOMAS IN THE HISTORY OF CATECHETICS

The original and traditional meaning of "catechesis" (from the Greek: teaching by word of mouth) was oral teaching or instruction by word. It is used in this sense in the New Testament (e.g., in Luke i. 4; Acts, xviii. 25). "Catechetical" referred solely to this form of oral explanation of Christian Doctrine. This is the meaning that "catechetical instruction" had in the time of St. Thomas and throughout the Middle Ages.[12] "In this connection," says one authority, "it must be remembered that the term 'catechetical' was very often applied to sermons and instructions for grown people, not for children." [13] The conception of "catechetical" and "catechism" as referring to the question and answer method of teaching became general only during the Counter-Reformation. Thus, St. Augustine's classic work on teaching religion, "De rudibus catechizandis" (On Instructing the Ignorant), is straight exposition without question and answers. The famed "Roman Catechism" (Catechism of the Council of Trent) is not in question and answer form. Hence, the catechetical instructions of St. Thomas, which are oral explanations of Christian Doctrine, entitle him to a place in the history of catechetics with St. Augustine, Gerson, St. Charles Borromeo, St. Peter Canisius and others.[14]

The method of explaining Christian Doctrine by giving detailed attention to the Creed, the Commandments, the Our Father and Hail Mary, goes back to the early centuries of the Church. One of the first great works which embody this fourfold division is the "Catechetical Instructions" of St. Cyril of Jerusalem (d. 386). This division became general throughout the medieval period, and the "Creed, Code, Sacraments and Prayer" came to be a formula of the faith. Numerous Synods and Councils of the Church at this time decreed that sermons and instructions must be given the faithful according to this fourfold division.[15] The "Roman Catechism" follows this arrangement, as do most of the Catechisms of modern times.

The catechetical instructions of St. Thomas were used generally throughout the thirteenth and fourteenth centuries as manuals and text-books for priests and teachers of religion.[16] "The Explanations of St. Thomas," wrote Spirago, "are remarkable for their conciseness and their simplicity of language; they are especially noteworthy because the main parts of the catechetical course of instruction are brought into connection with one another so that they appear as one harmonious whole." [17] The influence of these works is especially prominent in the "Roman Catechism" which the Council of Trent ordered written for parish priests and for all teachers of religion. Many of the explanatory passages in both works are almost identical.

## TRANSLATOR'S NOTE

The edition used in this translation is the Parma, edited by P. Mandonnet, O. P., "Opuscula Omnia" (Lethielleux, Paris, 1927). Where the Vives edition is used, the change is noted in the footnotes. The edition of the "Roman Catechism" (Catechism of the Council of Trent) used in the commentary is "Catechismus Concilii Tridentini ad Parochos," Romae, Ex Typog. Polyglotta, S. Cong. de Prop. Fide, 1891. To Reverend E. A. Connolly, S. S., for reading the manuscript and for many helpful suggestions the Translator is very grateful.

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ENDNOTES

1. P. mandonnet, "Date de la naissance de S. Thomas d'Aquin," in "Revue Thomiste" (1914), 652-662.
2. G. K. Chesterton, "St. Thomas Aquinas" (1933), 43.
3. J. Maritain, "The Angelic Doctor," 35.
4. For the vexed question of exact dates in the life of St. Thomas, I have relied chiefly on Cayre, "Precis de Patrologie" (Paris, 1930), II, pp. 526- 536, who in turn is largely indebted to the researches of Mandonnet.
5. Pope Leo XIII in Encyclical, "Aeterni Patris," August 4, 1879.
6. For a complete list of St. Thomas' writings: Cayre, "loc. cit.," Maritain, "The Angelic Doctor," pp. 179-183' Catholic Encyclopedia," XIV, 666 sqq.
7. Cf. Hugh Pope, O. P., "On Prayer and the Contemplative Life by St Thomas" (Benziger Bros., 1914).
8. It contains the "Pangua lingu" with "Tantum ergo" among its verses, "Sacris Solemnis" with the lines of "Panis angelicus," "Verbum supernum" with its concluding verse, "O salutaris hostia." The antiphon of the Office is the beautiful "O Sacrum Convivium." The Prayer said by the celebrant at Benediction of the Blessed Sacrament, "Deus qui nobis sub Sacramento mirabili, etc.," is also a part of this Office. The Eucharistic poem, "Adoro te devote," is also probably by St. Thomas, who is rightly called the Doctor of the Eucharist.
9. The authoritative studies on the authenticity of the "Opuscula" are: M. Mandonnet, O. P., "Des Ecrits Authentiques de S. Thomas d'Aquin" (Fribourg, 1910), and "Les Opuscles de S. thomas d'Aquin," in "Revue Thomiste" (1927), 121-157; M. Grabmann, "Die echten Schriften des hl. Thomas v. Aquin" (Munster, 1920).
10. Mandonnet, "Des Ecrits," etc., 66; Grabmann, "op. cit.," 232-337.
11. "Enchiridion Symbolorum," n. 695.
12. "By the catechism of St. Thomas is generally understood his explanation of the Apostles' Creed, the Lord's Prayer, the Hail Mary, and the Decalogue" (Gatterer-Kruz, "The Theory and Practice of the Catechism," 1914, p. 47).
13. Spirago-Messmer, "Spirago's Method of Christian Doctrine" (1901), 508.
14. John Gerson, the saintly chancellor of the University of Paris, wrote "On Leading the Little Ones to Christ" in the early fifteenth century. St. Charles Borromeo, Archbishop of Milan, was one of the founders of the Confraternity of Christian Doctrine and one of the authors of the Roman Catechism. St. Peter Canisius, the great Jesuit teacher of religion in the Counter-Reformation, wrote the well-known Canisian Catechisms.
15. Cf. Callan-McHugh, "Catechism of the Council of Trent," Introduction, xiv and xvi. See also Spirago Messmer, "op. cit.," 507.
16. Spirago-Messmer, "op. cit.," 513-514.
17. "Ibid."

## INDEX OF KEY TERMS

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## THE APOSTLES' CREED

### WHAT IS FAITH?

The Nature and Effects of Faith.--The first thing that is necessary for every Christian is faith, without which no one is truly called a faithful Christian.[1] Faith brings about four good effects. The first is that through faith the soul is united to God, and by it there is between the soul and God a union akin to marriage. "I will espouse thee in faith." [2] When a man is baptised the first question that is asked him is: "Do you believe in God?" [3] This is because Baptism is the first Sacrament of faith. Hence, the Lord said: "He that believeth and is baptised shall be saved." [4] Baptism without faith is of no value. Indeed, it must be known that no one is acceptable before God unless he have faith. "Without faith it is impossible to please God." [5] St. Augustine explains these words of St. Paul, "All that is not of faith is sin," [6] in this way: "Where there is no knowledge of the eternal and unchanging Truth, virtue even in the midst of the best moral life is false."

The second effect of faith is that eternal life is already begun in us; for eternal life is nothing else than knowing God. This the Lord announced when He said: "This is eternal life, that they may know thee, the only true God, and Jesus Christ whom Thou hast sent." [7] This knowledge of God begins here through faith, but it is perfected the future life when we shall know God as He is. Therefore, St. Paul says: "Faith is the substance of things to be hoped for." [8] No one then can arrive at perfect happiness of heaven, which is the true knowledge of God, unless first he knows God through faith. "Blessed are they that have not seen and have believed." [9]

The third good that comes from faith is that right direction which it gives to our present life. Now, in order that one live a good life, it is necessary that he know what is necessary to live rightly; and if he depends for all this required knowledge on his own efforts alone, either he will never attain such knowledge, or if so, only after a long time. But faith teaches us all that is necessary to live a good life. It teaches us that there is one God who is the rewarder of good and the punisher of evil; that there is a life other than this one, and other like truths whereby we are attracted to live rightly and to avoid what evil. "The just man liveth by faith." [10] This is evident in that no one of the philosophers before the coming of Christ could, through his own powers, know God and the means necessary for salvation as well as any old woman since Christ's coming knows Him through faith. And, therefore, it is said in Isaias that "the earth is filled with the knowledge of the Lord." [11]

The fourth effect of faith is that by it we overcome temptations: "The holy ones by faith conquered kingdoms." [12] We know that every temptation is either from the world or the flesh or the devil. The devil would have us disobey God and not be subject to Him. This is removed by faith, since through it we know that He is the Lord of all things and must therefore be obeyed. "Your adversary the devil, as a roaring lion, goeth about seeking whom he may devour. Whom resist ye, strong in faith." [13] The world tempts us either by attaching us to it in prosperity, or by filling us with fear of adversity. But faith overcomes this in that we believe in a life to come better than this one, and hence we despise the riches of this world and we are not terrified in the face of adversity. "This is the victory which overcometh the world: our faith." [14] The flesh, however, tempts us by attracting us to the swiftly passing pleasures of this present life. But faith shows us that, if we cling to these things inordinately, we shall lose eternal joys. "In all things taking the shield of faith." [15] We see from this that it is very necessary to have faith.

"The Evidence of Things that Appear Not."--But someone will say that it is foolish to believe what is not seen, and that one should not believe in things that he cannot see. I answer by saying that the imperfect nature of our intellect takes away the basis of this difficulty. For if man of himself could in a perfect manner know all things visible and invisible, it would indeed be foolish to believe what he does not see. But our manner of knowing is so weak that no philosopher could perfectly



investigate the nature of even one little fly. We even read that a certain philosopher spent thirty years in solitude in order to know the nature of the bee. If, therefore, our intellect is so weak, it is foolish to be willing to believe concerning God only that which man can know by himself alone. And against this is the word of Job: "Behold, God is great, exceeding our knowledge." [16] One can also answer this question by supposing that a certain master had said something concerning his own special branch of knowledge, and some uneducated person would contradict him for no other reason than that he could not understand what the master said! Such a person would be considered very foolish. So, the intellect of the Angels as greatly exceeds the intellect of the greatest philosopher as much as that of the greatest philosopher exceeds the intellect of the uneducated man. Therefore, the philosopher is foolish if he refuses to believe what an Angel says, and far greater fool to refuse to believe what God says. Against such are these words: "For many things are shown to thee above the understanding of men." [17]

Then, again, if one were willing to believe only those things which one knows with certitude, one could not live in this world. How could one live unless one believed others? How could one know that this man is one's own father? Therefore, it is necessary that one believe others in matters which one cannot know perfectly for oneself. But no one is so worthy of belief as is God, and hence they who do not believe the words of faith are not wise, but foolish and proud. As the Apostle says: "He is proud, knowing nothing." [18] And also: "I know whom I have believed; and I am certain." [19] And it is written: "Ye who fear the Lord, believe Him and your reward shall not be made void." [20] Finally, one can say also that God proves the truth of the things which faith teaches. Thus, if a king sends letters signed with his seal, no one would dare to say that those letters did not represent the will of the king. In like manner, everything that the Saints believed and handed down to us concerning the faith of Christ is signed with the seal of God. This seal consists of those works which no mere creature could accomplish; they are the miracles by which Christ confirmed the sayings of the apostles and of the Saints.

If, however, you would say that no one has witnessed these miracles, I would reply in this manner. It is a fact that the entire world worshipped idols and that the faith of Christ was persecuted, as the histories of the pagans also testify. But now all are turned to Christ--wise men and noble and rich--converted by the words of the poor and simple preachers of Christ. Now, this fact was either miracle or it was not. If it is miraculous, you have what you asked for, a visible fact; if it is not, then there could not be a greater miracle than that the whole world should have been converted without miracles. And we need go no further. We are more certain, therefore, in believing the things of faith than those things which can be seen, because God's knowledge never deceives us, but the visible sense of man is often in error. [21]

(For "Questions for Discussion" see Chapter 6.)

## ENDNOTES

1. "The Catechism of the Council of Trent," known as the "Roman Catechism" (and so called throughout this book), thus introduces the explanation of the twelve Articles of the Creed: "The Christian religion proposes to the faithful many truths which either singly or all together must be held with a certain and firm faith. That which must first and necessarily be believed by all is that which God Himself has taught us as the foundation of truth and its summary concerning the unity of the Divine Essence, the distinction of Three Persons, and the actions which are by particular reason

attributed to each. The pastor should teach that the Apostles' Creed briefly sets forth the doctrine of these mysteries. . . . The Apostles' Creed is divided into three principal parts. The first part describes the First Person of the Divine Nature and the marvellous work of the creation. The second part treats of the Second Person and the mystery of man's redemption. The third part concludes with the Third Person, the head and source of our sanctification. The varied and appropriate propositions of the Creed are called Articles, after a comparison often made by the Fathers; for just as the

members of the body are divided by joints (articuli), so in this profusion of faith whatever must be distinctly and separately believed from everything else is rightly and aptly called an Article" (Part I, Chapter I, 4).

2. Osee, ii. 20

3. In the ceremony of administering The Sacrament of Baptism, the priest asks the Sponsor: "N., do you believe in God the Father Almighty, Creator of heaven and earth?"

4. Mark, xvi. 16.

5. Heb., xi. 6.

6. Rom., xiv. 23.

7. John, xvii. 3.

8. Heb., xi. 1.

9. John, xx. 29.

10. Hab., ii. 4.

11. Isa., xi. 9.

12. Heb., xi. 33.

13. I Peter v. 8.

14. I John, v. 4.

15. Eph., vi. 16.

16. Job, xxxvi. 26.

17. Eccclus., iii. 25.

18. I Tim., vi. 4.

19. II Tim., i. 12.

20. Eccclus., ii. 8.

21. For the meaning of the word "faith" see the "Catholic Encyclopedia," vol. V. The necessity of faith is explained in St. Thomas, "Summa Theologica," II-II, Q. ii., 3, 4.

#### THE FIRST ARTICLE: "I Believe in One God."

Among all the truths which the faithful must believe, this is the first-- that there is one God. We must see that God means the ruler and provider of all things. He, therefore, believes in God who believes that everything in this world is governed and provided for by Him. He who would believe that all things come into being by chance does not believe that there is a God. No one is so foolish as to deny that all nature, which operates with a certain definite time and order, is subject to the rule and foresight and an orderly arrangement of someone. We see how the sun, the moon, and the stars, and all natural things follow a determined course, which would be impossible if they were merely products of chance. Hence, as is spoken of in the Psalm, he is indeed foolish who does not believe in God: "The fool hath said in his heart: There is no God." [1]

There are those, however, who believe that God rules and sustains all things of nature, and nevertheless do not believe God is the overseer of the acts of man; hence they believe that human acts do not come under God's providence. They reason thus because they see in this world how the good are afflicted and how the evil enjoy good things, so that Divine Providence seems to disregard human affairs. Hence the words of Job are offered to apply to this view: "He doth not consider our things; and He walketh about the poles of heaven." [2] But this is indeed absurd. It is just as though a person who is ignorant of medicine should see a doctor give water to one patient and wine to another. He would believe that this is mere chance, since he does not understand the science of medicine which for good reasons prescribes for one wine and for another water. So is it with God. For God in His just and wise Providence knows what is good and necessary for men; and hence He afflicts some who are good and allows certain wicked men to prosper. But he is foolish indeed who believes this is due to chance, because he does not know the causes and method of God's dealing with men. "I wish that God might speak with thee, and would open His lips to thee, that He might show thee the secrets of wisdom, and that His law is manifold: and thou mightest understand that He exacteth much less of thee than thy iniquity deserveth." [3]

We must, therefore, firmly believe that God governs and regulates not only all nature, but also the actions of men. "And they said: The Lord shall not see; neither shall the God of Jacob understand. Understand, ye senseless among the people, and, you fools, be wise at last. He that planted the ear, shall He not hear, He that formed the eye, doth He not consider? . . . The Lord knoweth the

thoughts of men." [4] God sees all things, both our thoughts and the hidden desires of our will. Thus, the necessity of doing good is especially imposed on man since all his thoughts, words and actions are known in the sight of God: "All things are naked and open to His eyes." [5]

We believe that God who rules and regulates all things is but one God. This is seen in that wherever the regulation of human affairs is well arranged, there the group is found to be ruled and provided for by one, not many. For a number of heads often brings dissension in their subjects. But since divine government exceeds in every way that which is merely human, it is evident that the government of the world is not by many gods, but by one only. [6]

#### SOME MOTIVES FOR BELIEF IN MANY GODS

There are four motives which have led men to believe in a number of gods. (1) The dullness of the human intellect. Dull men, not capable of going beyond sensible things, did not believe anything existed except physical bodies. Hence, they held that the world is disposed and ruled by those bodies which to them seemed most beautiful and most valuable in this world. And, accordingly, to things such as the sun, the moon and the stars, they attributed and gave a divine worship. Such men are like to one who, going to a royal court to see the king, believes that whoever is sumptuously dressed or of official position is the king! "They have imagined either the sun and moon or the circle of the stars . . . to be the gods that rule the world. With whose beauty, if they being delighted, took them to be gods." [7]

(2) The second motive was human adulation. Some men, wishing to fawn upon kings and rulers, obey and subject themselves to them and show them honour which is due to God alone. After the death of these rulers, sometimes men make them gods, and sometimes this is done even whilst they are living. "That every nation may know that Nabuchodonosor is god of the earth, and besides him there is no other." [8]

(3) The human affection for sons and relatives was a third motive. Some, because of the excessive love which they had for their family, caused statues of them to be erected after their death, and gradually a divine honour was attached to these statues. [9] "For men serving either their affections or their kings, gave the incommunicable Name to stones and wood." [10]

(4) The last motive is the malice of the devil. The devil wished from the beginning to be equal to God, and thus he said: "I will ascend above the height of the clouds. I will be like the Most High." [11] The devil still entertains this desire. His entire purpose is to bring about that man adore him and offer sacrifices to him; not that he takes delight in a dog or cat that is offered to him, he does relish the fact that thereby irreverence is shown to God. Thus, he spoke to Christ: "All these will I give Thee, if falling down Thou wilt adore me." [12] For this reason those demons who entered into idols said that they would be venerated as gods. "All the gods of the Gentiles are demons." [13] "The things which the heathens sacrifice, they sacrifice to devils, and not to God." [14]

Although all this is terrible to contemplate, yet at times there are any who fall into these above-mentioned four causes. Not by their words and hearts, but by their actions, they show that they believe in many gods. Thus, those who believe that the celestial bodies influence the will of man and regulate their affairs by astrology, really make the heavenly bodies gods, and subject themselves to them. Be not afraid of the signs of heaven which the heathens fear. For the laws of the people are vain." [15] In the same category are all those who obey temporal rulers more than God, in that which they ought not; such actually set these up as gods. "We ought to obey God rather than men." [16] So also those who love their sons and kinsfolk more than God show by their actions that they believe in many gods; as likewise do those who love food more than God: "Whose god is their belly." [17] Moreover, all who take part in magic or in incantations believe that the demons are

gods, because they seek from the devil that which God alone can give, such as revealing the future or discovering hidden things. We must, therefore, believe that there is but one God.

(For "Questions for Discussion" see Chapter 6.)

## ENDNOTES

1. Ps. xiii. 1.
2. Job, xxii. 14.
3. Job, xi. 5-6.
4. Ps. xciii. 7-11.
5. Heb., iv. 13.
6. "There is but one God, not many gods. We attribute to God the highest goodness and perfection, and it is impossible that what is highest and absolutely perfect could be found in many. If a being lack that which constitutes supreme perfection, it is, therefore, imperfect and cannot have the nature of God" ("Roman Catechism," "The Creed," First Article, 7).
7. Wis., xiii. 2-3.
8. Judith, v. 29.
9. All this is fully explained in the fourteenth chapter of the Book of Wisdom, verses 15-21.
10. Wis., xiv. 21.
11. Isa., xiv. 14.
12. Matt., iv. 9.
13. Ps. cxv. 5.
14. I Cor., x. 20.
15. Jerem., x. 2-3.
16. Acts, v. 29.
17. Phil., iii. 19.

## THE FIRST ARTICLE (CONTINUED): "The Father Almighty, Creator of Heaven and Earth."

It has been shown that we must first of all believe there is but one God. Now, the second is that this God is the Creator and maker of heaven and earth, of all things visible and invisible. Let us leave more subtle reasons for the present and show by a simple example that all things are created and made by God. If a person, upon entering a certain house, should feel a warmth at the door of the house, and going within should feel a greater warmth, and so on the more he went into its interior, he would believe that somewhere within was a fire, even if he did not see the fire itself which caused this heat which he felt. So also is it when we consider the things of this world. For one finds all things arranged in different degrees of beauty and worth, and the closer things approach to God, the more beautiful and better they are found to be. Thus, the heavenly bodies are more beautiful and nobler than those which are below them; and, likewise, the invisible things in relation to the visible. Therefore, it must be seen that all these things proceed from one God who gives His being and beauty to each and everything. "All men are vain, in whom there is not the knowledge of God: and who by these good things that are seen could not understand Him that is. Neither by attending to the works have acknowledged who was the workman. . . . For by the greatness of the beauty, and of the creature, the creator of them may be seen, so as to be known thereby." [1] Thus, therefore, it is certain for us that all things in the world are from God.

## ERRORS RELATING TO THE FIRST ARTICLE

There are three errors concerning this truth which we must avoid. First, the error of the Manicheans, who say that all visible created things are from the devil, and only the invisible creation is to be attributed to God. The cause of this error is that they hold that God is the highest good, which is true; but they also assert that whatsoever comes from good is itself good. Thus, not distinguishing what is evil and what is good, they believed that whatever is partly evil is essentially evil--as, for instance, fire because it burns is essentially evil, and so is water because it causes suffocation, and so with other things. Because no sensible thing is essentially good, but mixed with evil and

defective, they believed that all visible things are not made by God who is good, but by the evil one. Against them St. Augustine gives this illustration. A certain man entered the shop of a carpenter and found tools which, if he should fall against them, would seriously wound him. Now, if he would consider the carpenter a bad workman because he made and used such tools, it would be stupid of him indeed. In the same way it is absurd to say that created things are evil because they may be harmful; for what is harmful to one may be useful to another. This error is contrary to the faith of the Church, and against it we say: "Of all things visible and invisible." [2] "In the beginning God created heaven and earth." [3] "All things were made by Him." [4]

The second error is of those who hold the world has existed from eternity: "Since the time that the fathers slept, all things continue as they were from the beginning of the creation." [5] They are led to this view because they do not know how to imagine the beginning of the world. They are, says Rabbi Moses, in like case to a boy who immediately upon his birth was placed upon an island, and remained ignorant of the manner of child-bearing and of infants' birth. Thus, when he grew up, if one should explain all these things to him, he would not believe how a man could once have been in his mother's womb. So also those who consider the world as it is now, do not believe that it had a beginning. This is also contrary to the faith of the Church, and hence we say: "the Maker of heaven and earth." For if they were made, they did not exist forever. "He spoke and they were made." [7]

The third is the error which holds that God made the world from preajacent matter (*ex praeajacenti materia*). They are led to this view because they wish to measure divine power according to human power; and since man cannot make anything except from material which already lies at hand, so also it must be with God. But this is false. Man needs matter to make anything, because he is a builder of particular things and must bring form out of definite material. He merely determines the form of his work, and can be only the cause of the form that he builds. God, however, is the universal cause of all things, and He not only creates the form but also the matter. Hence, He makes out of nothing, and thus it is said in the Creed: "the Creator of heaven and earth." We must see in this the difference between making and creating. To create is to make something out of nothing; and if everything were destroyed, He could again make all things. He, thus, makes the blind to see, raises up the dead, and works other similar miracles. "Thy power is at hand when Thou wilt." [8]

## GOOD EFFECTS OF OUR FAITH

From a consideration of all this, one is led to a fivefold benefit. (1) We are led to a knowledge of the divine majesty. Now, if a maker is greater than the things he makes, then God is greater than all things which He has made. "With whose beauty, if they being delighted, took them to be gods, let them know how much the Lord of them is more beautiful than they. . . . Or if they admired their power and their effects, let them understand by them that He that made them, is mightier than they." [9] Hence, whatsoever can even be affirmed or thought of is less than God. "Behold: God is great, exceeding our knowledge." [10]

(2) We are led to give thanks to God. Because God is the Creator of all things, it is certain that what we are and what we have is from God: "What hast thou that thou hast not received." [11] "The earth is the Lord's and the fullness thereof; the world and all they that dwell therein." [12] "We, therefore, must render thanks to God: What shall I render to the Lord for all the things that He hath rendered to me?" [13]

(3) We are led to bear our troubles in patience. Although every created thing is from God and is good according to its nature, yet, if something harms us or brings us pain, we believe that such comes from God, not as a fault in Him, but because God permits no evil that is not for good. Affliction purifies from sin, brings low the guilty, and urges on the good to a love of God: "If we have received good things from the hand of God, why should we not receive evil?" [14]

(4) We are led to a right use of created things. Thus, we ought to use created things as having been made by God for two purposes: for His glory, "since all things are made for Himself"[15] (that is, for the glory of God), and finally for our profit: "Which the Lord thy God created for the service of all the nations."[16] Thus, we ought to use things for God's glory in order to please Him no less than for our own profit, that is, so as to avoid sin in using them: All things are Thine, and we have given Thee what we received of Thy hand."[17] Whatever we have, be it learning or beauty, we must revere all and use all for the glory of God.

(5) We are led also to acknowledge the great dignity of man. God made all things for man: "Thou hast subjected all things under is feet,"[18] and man is more like to God than all other creatures save the Angels: "Let us make man to Our image and likeness."[19] God does not say this of the heavens or of the stars, but of man; and this likeness of God in man does not refer to the body but to the human soul, which has free will and is incorruptible, and therein man resembles God more than other creatures do. We ought, therefore, to consider the nobleness of man as less than the Angels but greater than all other creatures. Let us not, therefore, diminish his dignity by sin and by an inordinate desire for earthly things which are beneath us and are made for our service. Accordingly, we must rule over things of the earth and use them, and be subject to God by obeying and serving Him. And thus we shall come to the enjoyment of God forever.

(For "Questions for Discussion" see Chapter 6.)

#### ENDNOTES

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| 1. Wis., xiii. 1, 5.    | 11. I Cor., iv. 7.      |
| 2. In the Nicene Creed. | 12. Ps. xxiii. 1.       |
| 3. Gen., i. 1.          | 13. Ps. cxv. 12.        |
| 4. John, i. 3.          | 14. Job, ii. 10.        |
| 5. II Peter, iii. 4.    | 15. Prov., xvi. 4.      |
| 6. In the Nicene Creed. | 16. Deut., iv. 19.      |
| 7. Ps. cxlviii. 5.      | 17. I Paral., xxix. 14. |
| 8. wis., xii. 18.       | 18. Ps. viii. 8.        |
| 9. "Ibid.," xiii. 3-4.  | 19. Gen., i. 26.        |
| 10. Job, xxxvi. 26.     |                         |

#### THE SECOND ARTICLE: "And in Jesus Christ, His only Son, our Lord."

It is not only necessary for Christians to believe in one God who is the Creator of heaven and earth and of all things; but also they must believe that God is the Father and that Christ is the true Son of God. This, as St. Peter says, is not mere fable, but is certain and proved by the word of God on the Mount of Transfiguration. "For we have not by following artificial fables made known to you the power and presence of our Lord Jesus Christ; but we were eyewitnesses of His greatness. For He received from God the Father honour and glory, this voice coming down to Him from the excellent glory: 'This is My beloved Son, in whom I am well pleased. Hear ye Him.' And this voice, we heard brought from heaven, when we were with Him in the holy mount."[1] Christ Jesus Himself in many places called God His Father, and Himself the Son of God. Both the Apostles and the Fathers placed in the articles of faith that Christ is the Son of God by saying: "And (I believe) in Jesus Christ, His (i.e., God's) only Son."[2]

## ERRORS RELATING TO THE SECOND ARTICLE

There were, however, certain heretics who erred in this belief. Photinus, for instance, believed that Christ is not the Son of God but a good man who, by a good life and by doing the will of God, merited to be called the son of God by adoption; and so Christ who lived a good life and did the will of God merited to be called the son of God. Moreover, this error would not have Christ living before the Blessed Virgin, but would have Him begin to exist only at His conception. Accordingly, there are here two errors: the first, that Christ is not the true Son of God according to His nature; and the second, that Christ in His entire being began to exist in time. Our faith, however, holds that He is the Son of God in His nature, and that he is from all eternity. Now, we have definite authority against these errors in the Holy Scriptures, Against the first error it is said that Christ is not only the Son, but also the only-begotten Son of the Father: "The only begotten Son who is in the bosom of the Father, He hath declared Him:"[3] And again the second error it is said: "Before Abraham was made, I AM."[4] It is evident that Abraham lived before the Blessed Virgin. And what the Fathers added to the other Creed [i.e., the Nicene Creed], namely, "the only- begotten Son of God," is against the first error; and "born of the Father before all ages" is against the second error.

Sabellius said that Christ indeed was before the Blessed Virgin, but he held that the Father Himself became incarnate and, therefore, the Father and the Son is the same Person. This is an error because it takes away the Trinity of Persons in God, and against it is this authority: "I am not alone, but I and the Father that sent Me."[5] It is clear that one cannot be sent from himself. Sabellius errs therefore, and in the "Symbol"[6] Of the Fathers it is said: "God of God; Light of Light," that is, we are to believe in God the Son from God the Father, and the Son who is Light from the Father who is Light.

Arius, although he would say that Christ was before the Blessed Virgin and that the Person of the Father is other than the Person of the Son, nevertheless made a three-fold attribution to Christ: (1) that the Son of God was a creature; (2) that He is not from eternity, but was formed the noblest of all creatures in time by God; (3) that God the Son is not of one nature with God the Father, and therefore that He was not true God. But this too is erroneous and contrary to the teaching of the Holy Scriptures. It is written: "I and the Father are one."[7] That is, in nature; and therefore, just as the Father always existed, so also the Son; and just as the Father is true God, so also is the Son. That Christ is a creature, as said by Arius, is contradicted in the "Symbol" by the Fathers: "True God of true God;" and the assertion that Christ is not from eternity but in time is also contrary to the "Symbol": "Begotten not made;" and finally, that Christ is not of the same substance as the Father is denied by the "Symbol": "Consubstantial with the Father."

It is, therefore, clear we must believe that Christ is the Only-begotten of God, and the true Son of God, who always was with the Father, and that there is one Person of the Son and another of the Father who have the same divine nature.[8] All this we believe now through faith, but we shall know it with a perfect vision in the life eternal. Hence, we shall now speak somewhat of this for our own edification.

## THE DIVINE GENERATION

It must be known that different things have different modes of generation. The generation of God is different from that of other things. Hence, we cannot arrive at a notion of divine generation except through the generation of that created thing which more closely approaches to a likeness to God. We have seen that nothing approaches in likeness to God more than the human soul. The manner of generation in the soul is effected in the thinking process in the soul of man, which is called a conceiving of the intellect. This conception takes its rise in the soul as from a father, and its effect is called the word of the intellect or of man. In brief, the soul by its act of thinking begets the word. So also the Son of God is the Word of God, not like a word that is uttered exteriorly (for this is

transitory), but as a word is interiorly conceived; and this Word of God is of the one nature as God and equal to God.[9]

The testimony of St. John concerning the Word of God destroys these three heresies, viz., that of Photinus in the words: "In the beginning was the Word;"[10] that of Sabellius in saying: "And the Word was with God;"[11] and that of Arius when it says: "And the Word was God."[12]

But a word in us is not the same as the Word in God. In us the word is an accident;[13] whereas in God the Word is the same as God, since there is nothing in God that is not of the essence of God. No one would say God has not a Word, because such would make God wholly without knowledge; and therefore, as God always existed, so also did His Word ever exist. Just as a sculptor works from a form which he has previously thought out, which is his word; so also God makes all things by His Word, as it were through His art: "All things were made by Him." [14]

Now, if the Word of God is the Son of God and all the words of God bear a certain likeness of this Word, then we ought to hear the Word of God gladly; for such is a sign that we love God. We ought also believe the word of God whereby the Word of God dwells in us, who is Christ: "That Christ may dwell by faith in your hearts." [15] And you have not His word abiding in you." [16] But we ought not only to believe that the Word of God dwells in us, but also we should meditate often upon this; for otherwise we will not be benefited to the extent that such meditation is a great help against sin: Thy words have I hidden in my heart, that I may not sin against Thee." [17] Again it is said of the just man: "On His law he shall meditate day and night." [18] And it is said of the Blessed Virgin that she "kept all these words, pondering them in her heart." [19] Then also, one should communicate the word of God to others by advising, preaching and inflaming their hearts: "Let no evil speech proceed from your mouth; but that which is good, to the edification of faith." [20] Likewise, "let the word of Christ dwell in you abundantly in all wisdom, teaching and admonishing one another." [21] So also: "Preach the word; be instant in season, out of season; reprove, entreat, rebuke in all patience and doctrine." [22] Finally, we ought to put the word of God into practice: "Be ye doers of the word and not hearers only, deceiving your own selves." [23]

The Blessed Virgin observed these five points when she gave birth to the Word of God. First, she heard what was said to her: "The Holy Ghost shall come upon thee." [24] Then she gave her consent through faith: "Behold the handmaid of the Lord." [25] And she also received and carried the Word in her womb. Then she brought forth the Word of God and, finally, she nourished and cared for Him. And so the Church sings: "Only a Virgin didst nourish Him who is King of the Angels." [26]

(For "Questions for Discussion" see Chapter 6.)

## ENDNOTES

1. II Peter, I. 16.

2. "Jesus Christ is the Son of God, and true God, like the Father who begot Him from all eternity. We also believe that He is the Second Person of the Blessed Trinity, in all things equal to the Father and to the Holy Spirit. Since we acknowledge the essence, will and power of all the Divine Persons to be one, then in them nothing unequal or unlike should exist or even be imagined to exist: ("Roman Catechism," Second Article, 8).

3. John, i. 18.

4. John, viii. 58.

5. John, viii. 16.

6. "Symbol" (from the Greek "Symbolon," and the late Latin "Symbolum") is a formal authoritative statement of the religious belief of the Church, referring here to the Nicene Creed. This treatise of St. Thomas is indeed called by him an "Explanation of the Symbol of the Apostles," or the Apostles Creed.

7. John x. 30.



8". . . we believe Him [Christ] to be one son, because His divine and human natures meet in one Person. As to His divine generation, He has no brethren or coheirs. being the Only-begotten Son of the Father, and we men are the image and work of His hands" ("Roman Catechism, "loc. cit.," 9-10).

9. "Among the different comparisons brought forth to show the mode and manner of this eternal generation, that which is taken from the production of thought in our mind seems to come nearest to its illustration, and hence St. John calls the Son 'the Word.' For our mind, understanding itself in some way, forms an image of itself which theologians have called the word; so God, in so far as we may compare human things to divine, understanding Himself, begets the Eternal Word. But it is more advantageous to consider what faith proposes, and with all sincerity of mind to believe and profess that Jesus Christ is true God and true Man--as God, begotten before all time; as Man, born in time of Mary, His Virgin Mother" ("Roman Catechism," "loc. cit.," 9). St. Thomas treats more fully the eternal generation and Sonship of Christ in the "Summa Theol.," I, Q. xxvii, art. 2; Q. xxxiv.

10. John, i. 1.

11. "Ibid."

12. "Ibid."

13. An accident is an attribute which is not part of the essence.

14. John, i. 3.

15. Eph., iii. 17.

16. John, v. 38.

17. Ps. cxviii. 11.

18. Ps. i. 2.

19. Luke, ii. 19.

20. Eph., iv. 29

21. Colos., iii. 16.

22. II Tim., iv. 2.

23. James, i. 22.

24. Luke, i. 35.

25. Luke. i. 38

26. Fourth Responsory, Office of the Circumcision, Dominican Breviary.

### THE THIRD ARTICLE

"Who was conceived by the Holy Ghost, born of the Virgin Mary."

The Christian must not only believe in the Son of God, as we have seen, but also in His Incarnation. St. John, after having written of things subtle and difficult to understand,[1] points out the Incarnation to us when he says: "And the Word was made flesh." [2] Now, in order that we may understand something of this, I give two illustrations at the outset.

It is clear that there is nothing more like the Word of God than the word which is conceived in our mind but not spoken. Now, no one knows this interior word in our mind except the one who conives it, and then it is known to others only when it is pronounced.[3] So also as long as the Word of God was in the heart of the Father, it was not known except by the Father Himself; but when the Word assumed flesh--as a word becomes audible--then was It first made manifest and known. "Afterwards He was seen upon earth and conversed with men." [4] Another example is that, although the spoken word is known through hearing, yet it is neither seen nor touched, unless it is written on paper. So also the Word of God was made both visible and tangible when He became flesh. And as the paper upon which the word of a king is written is called the word of the king, so also Man to whom the Word of God is conjoined in one "hypostasis" [5] is called the Son of God. "Take thee a great book and write in it with a man's pen." [6] Therefore, the holy Apostles affirmed: "Who was conceived by the Holy Ghost, born of the Virgin Mary."

### ERRORS RELATING TO THE THIRD ARTICLE

On this point there arose many errors; and the holy Fathers at the Council of Nicea added in that other Creed a number of things which suppress all these errors.

Origen said that Christ was born and came into the world to save even the devils, and, therefore, at the end of the world all the demons will be saved. But this is contrary to the Holy Scripture: Depart from Me, you cursed, into everlasting fire which was prepared for the devil and his angels." [7] Consequently, to remove this error they added in the Creed: "Who for us men (not for the devils) and for our salvation, came down from heaven." In this the love of God for us is made more apparent.

Photinus would have Christ born of the Blessed Virgin, but added that He was a mere man who by a good life in doing the will of God merited to become the son of God even as other holy men. This, too, is denied by this saying of John: "I came down from heaven, not to do My own will but the will of Him that sent Me." 8 Now if Christ were not in heaven, He would not have descended from heaven, and were He a mere man, He would not have been in heaven. Hence, it is said in the Nicene Creed: "He came down from heaven."

Manichaeus, however, said that Christ was always the Son of God and He descended from heaven, but He was not actually but only in appearance clothed in true flesh. But this is false, because it is not worthy of the Teacher of Truth to have anything to do with what is false, and just as He showed His physical Body, so it was really His: "Handle, and see; for a spirit hath not flesh and bones, as you see Me to have." [9] To remove this error, therefore, they added: "And He was incarnate."

Ebion, who was a Jew, said that Christ was born of the Blessed Virgin in the ordinary human way. [10] But this is false, for the Angel said of Mary: "That which is conceived in her is of the Holy Ghost." [11] And the holy Fathers to destroy this error, added: "By the Holy Ghost."

Valentinus believed that Christ was conceived by the Holy Ghost, but would have the Holy Spirit deposit a heavenly body in the Blessed Virgin, so that she contributed nothing to Christ's birth except to furnish a place for Him. Thus, he said, this Body appeared by means of the Blessed Virgin, as though she were a channel. This is a great error, for the Angel said: "And therefore also the Holy which shall be born of thee shall be called the Son of God." [12] And the Apostle adds: "But when the fullness of time was come, God sent His Son, made of a woman." [13] Hence the Creed says: "Born of the Virgin Mary."

Arius and Apollinarius held that, although Christ was the Word of God and was born of the Virgin Mary, nevertheless He did not have a soul, but in place of the soul was His divinity. This is contrary to the Scripture, for Christ says: "Now is My soul troubled." [14] And again: "My soul is sorrowful even unto death." [15] For this reason the Fathers added: "And was made man." Now, man is made up of body and soul. Christ had all that a true man has save sin. All the above-mentioned errors and all others that can be offered are destroyed by this, that He was made man. The error of Eutyches particularly is destroyed by it. He held that, by a commixture of the divine nature of Christ with the human, He was neither purely divine nor purely human. This is not true, because by it Christ would not be a man. And so it is said: "He was made man." This destroys also the error of Nestorius, who said that the Son of God only by an indwelling was united to man. This, too, is false, because by this Christ would not be man but only in a man, and that He became man is clear from these words: "He was in habit found as man." [16] "But now you seek to kill Me, a man who have spoken the truth to you, which I have heard of God." [17]

#### GOOD EFFECTS OF THESE CONSIDERATIONS

We can learn something from all this. (1) Our faith is strengthened. If, for instance, someone should tell us about a certain foreign land which he himself had never seen, we would not believe him to the extent we would if he had been there. Now, before Christ came into the world, the Patriarchs and Prophets and John the Baptist told something of God; but men did not believe them as they believed Christ, who was with God, nay more, was one with God. Hence, far more firm is our faith

in what is given us by Christ Himself: "No one hath seen God at any time; the only-begotten Son who is in the bosom of the Father, He hath declared Him." [18] Thus, many mysteries of our faith which before the coming of Christ were hidden from us, are now made clear.

(2) Our hope is raised up. It is certain that the Son of Man did not come to us, assuming our flesh, for any trivial cause, but for our exceeding great advantage. For He made as it were a trade with us, assuming a living body and deigning to be born of the Virgin, in order that to us might be vouchsafed part of His divinity. [19] And thus He became man that He might make man divine. [20]

(3) Our charity is enkindled. There is no proof of divine charity so clear as that God, the Creator of all things, is made a creature; that Our Lord is become our brother, and that the Son of God is made the Son of man: "For God so loved the world as to give His only-begotten Son." [21] Therefore, upon consideration of this our love for God ought to be re-ignited and burst into flame.

(4) This induces us to keep our souls pure. Our nature was exalted and ennobled by its union with God to the extent of being assumed into union with a Divine Person. [22]

Indeed, after the Incarnation the Angel would not permit St. John to adore him, although he allowed this to be done before by even the greatest patriarchs. [23] Therefore, one who reflects on this exaltation of his nature and is ever conscious of it, should scorn to cheapen and lower himself and his nature by sin. Thus, says St. Peter: "By whom He hath given us most great and precious promises; that by these you may be made partakers of the divine nature; flying the corruption of that concupiscence which is in the world." [24]

Finally, by consideration of all this, our desire to come to Christ is intensified. If a king had a brother who was away from him a long distance, that brother would desire to come to the king to see, to be with him and to abide with him. So also Christ is our brother, and we should desire to be with Him and to be united to Him. "Wheresoever the body shall be, there shall the eagles also gathered together." [25] The Apostle desired "to be dissolved and be with Christ." [26] And it is this desire which grows in us as we meditate upon the Incarnation of Christ.

(For "Questions for Discussion" see Chapter 6.)

## ENDNOTES

1. John, i. 1-13.

2. "Ibid.," i. 14.

3. See above, p. 17.

4. Baruch, iii. 38.

5. Hypostasis is person distinct from nature, as in the one hypostasis of Christ as distinct from His two natures, human and divine; also distinct from substance, as in the three hypostases of the Godhead, which are the same in substance.

6. Isa., vii. 1.

7. Matt., xxv. 41.

8. John, vi. 38.

9. Luke, xxiv. 39.

10. We believe and confess that the same Jesus Christ, our only Lord, the son of God when He assumed human flesh for us in the womb of the virgin, was not conceived like other men, from the seed of man but in a manner above the order of nature, i. e., by the power of the Holy Ghost; so that the same Person, remaining God as He was from all eternity, became man, what He

was not before" ("Roman Catechism," Third Article, 1).

11. Matt., i. 20.

12. Luke, i. 35

13. Gal., iv. 4.

14. John, xii, 27.

15. Matt., xxvi. 38.

16. Phil. ii. 7.

17. John viii. 40.

18. "Ibid.," i. 18.

19. Thus, in the Mass, when the Priest puts wine and water in the chalice, he says: ". . . Grant that by the mystery of this water and wine we may be made partakers of His Divinity who vouchsafed to become partakers of our humanity, Jesus Christ, Thy Son, Our Lord."

20. "Et sic factus est homo, ut hominem faceret Deum."

21. John. iii. 16.

22. "The Word, who is a Person of the divine nature, assumed human nature in such a manner that there should be one and the same Person in both the divine and human natures" ("Roman Catechism," "loc. cit.," 2).

23. "And after I had heard and seen, I fell down to adore before the feet of the Angel who showed me these things. And he said to me: 'See thou do it not' " (Apoc., xxii. 8).

24. II Peter, i, 4. "God deigned to assume the lowliness and frailty of our flesh in order to lift man up to the highest degree of dignity . . . We may now glory that the Son of God is bone of our bone, and flesh of our flesh, a privilege which is not granted to the Angels" ("Roman Catechism," "loc. cit.," 11).

25. Matt., xxiv. 28.

26. Phil., i. 23.

#### THE FOURTH ARTICLE: "Suffered under Pontius Pilate, was crucified, died and was buried."

It is just as necessary for the Christian to believe in the passion and death of the Son of God as it is to believe in His Incarnation. For, as St. Gregory says, "there would have been no advantage in His having been born for us unless we had profited by His Redemption." That Christ died for us is so tremendous a fact that our intellect can scarcely grasp it; for in no way does it fall in the natural way of our understanding. This is what the Apostle says: "I work in your days, a work which you will not believe, if any man shall tell it to you." [1] The grace of God is so great and His love for us is such that we cannot understand what He has done for us. Now, we must believe that, although Christ suffered death, yet His Godhead did not die; it was the human nature in Christ that died. For He did not die as God, but as man. [2]

This will be clear from two examples, one of which is taken from himself. Now, when a man dies, in the separation of the soul from the body the soul does not die but the body or flesh does die. So also in the death of Christ, His Divinity did not die, but His man nature suffered death. But if the Jews did not slay the Divinity of Christ, it would seem that their sin was not any greater than if they killed any ordinary man. In answering this we say that it is as if a king were clothed only in one garment, and if someone befouled this garment, such a one has committed as grave a crime as if he had defiled the king himself. Likewise, although the Jews could not slay God, yet in putting to death the human nature which Christ assumed, they were as severely punished as if they had put the Godhead itself to death. Another example is had from what we said before, viz., that the Son of God is the Word of God, and the Word of God made flesh is like the word of a king written on paper. [3] So if one should tear this royal paper in pieces, it would be considered that he had rent apart the word of the king. Thus, the sin of the Jews was as grievous as if they had slain the Word of God.

But what need was there that the Son of God should suffer for us? There was a great need; and indeed it can be assigned to two reasons. The first is that it was a remedy against sin, and the second is for an example of what we ought to do. It was a remedy to such an extent that in the passion of Christ we find a remedy against all the evils which we incur by our sins. And by our sins we incur five different evils.

## EVIL EFFECTS OF SIN

The first evil that man incurs by sin is the defilement of his soul. Just as virtue gives the soul its beauty, so sin makes it ugly. "How happened it, O Israel, that thou art in thy enemies' land? . . . Thou art defiled with the dead." [4] But all this is taken away by the passion of Christ, whereby Christ poured out His blood as a laver wherein sinners are cleansed: "Who hath loved us and washed us from our sins in His own blood." [5] So, too, the soul is washed by the blood of Christ in baptism because then a new birth is had in virtue of His blood, and hence when one defiles one's soul by sin, one offers insult to Christ and sins more gravely than before one's baptism. "A man making void the law of Moses dieth without any mercy under two or three witnesses. How much more, do you think, he deserveth worse punishments, who hath trodden underfoot the Son of God and hath esteemed the blood of the testament unclean!" [6]

Secondly, we commit an offense against God. A sensual man loves the beauty of the flesh, but God loves spiritual beauty, which is the beauty of the soul. When, however, the soul is defiled by sin, God is offended and the sinner incurs His hatred: "To God the wicked and his wickedness are hateful alike." [7] This also is removed by the passion of Christ, which made satisfaction to God the Father for sin--a thing which man of himself could never do. The charity and obedience of Christ in His suffering were greater than the sin and disobedience of the first man: "When we were enemies, we were reconciled to God by the death of His Son." [8]

Thirdly, we have been weakened by sin. When a person sins the first time, he believes that he will thereafter keep away from sin, but what happens is the very opposite. This is because by that first sin he is weakened and made more prone to commit sins, and sin more and more has power over him. Such a one, as far as he alone is concerned, has lowered himself to such a condition that he cannot rise up, and is like to a man who jumps into a well from which, without God's help, he would never be rescued. After the fall of man, our nature was weakened and corrupted, and we were made more prone to sin. Christ, however, lessened this sickness and weakness, although He did not entirely take it away. So now man is strengthened by the passion of Christ, and sin is not given such power over him. Moreover, he can rise clean from his sins when aided by God's grace conferred by the Sacraments, which receive their efficacy from the passion of Christ: "Our old man is crucified with Him, that the body of sin may be destroyed." [9] Indeed, before the passion of Christ few there were who lived without falling into mortal sin; but afterwards many have lived and are living without mortal sin.

Fourthly, we incur the punishment due to sin. For the justice of God demands that whosoever sins must be punished. This punishment, however, is in proportion to the guilt. But the guilt of mortal sin is infinite, because it is an offense against the infinite good, namely, God, whose commandments the sinner holds in contempt. Therefore, the punishment due to mortal sin is infinite. Christ, however, through His passion has taken away this punishment from us and borne it Himself: "Who His own self bore our sins in His body upon the tree." [10] "Our sins [that is, the punishment due to sin] His own self bore in His body." The passion of Christ was of such value that it sufficed to expiate for all the sins of the whole world, even of a hundred thousand worlds. And so it is that, when a man is baptized, he is released from all his sins; and so also is it that the priest forgives sins; and, again, the more one conforms himself to the passion of Christ, the greater is the pardon and the grace which he gains.

Fifthly, we incur banishment from the kingdom of heaven. Those who offend kings are compelled to go into exile. Thus, man is expelled from heaven on account of sin. Adam was driven out of paradise immediately after his sin, and the gate of paradise was shut. But Christ by His sufferings and death opened this gate and recalled all the exiles to the kingdom. With the opening of the side of Christ, the gate of paradise is opened; and with the pouring out of His blood, guilt is washed away, satisfaction is made to God, infirmity is removed, punishment is expiated, and the exiles are

called back to the kingdom. Hence, the thief received the immediate response: "This day thou shalt be with Me in paradise." [11] Never before was this spoken to anyone, not to Adam, not to Abraham, not to David; but this day (i.e., as soon as the gate is opened) the thief, having asked for pardon, received it: "Having a confidence in the entering into the holies by the blood of Christ." [12]

### CHRIST, EXEMPLAR OF VIRTUES

From all this then is seen the effect of the passion of Christ as a remedy for sin. But no less does it profit us as an example. St. Augustine says that the passion of Christ can bring about a complete reformation of our lives. Whoever wishes to live perfectly need do nothing other than despise what Christ despised on the cross, and desire what Christ desired. There is no virtue that did not have its example on the Cross.

So if you seek an example of charity, then, "greater love than his no man hath, that a man lay down his life for his friends." [13] And this Christ did upon the Cross. If, therefore, He gave His life for us, we ought to endure any and all evils for Him: "What shall I render to the Lord for all the things that He hath rendered to me?" [14]

If you seek an example of patience, you will find it in its highest degree upon the Cross. Great patience is exemplified in two ways: either when one suffers intensely in all patience, or when one suffers that which he could avoid if he so wished. Christ suffered greatly upon the Cross: "O all ye that pass by the way, attend, and see if there be any sorrow like to My sorrow." [15] And with all patience, because, "when He suffered, He threatened not." [16] And again: "He shall be led as a sheep to the slaughter and shall be dumb before His shearer, and shall not open His mouth." [17] He could have avoided this suffering, but He did not: "Thinkest thou that I cannot ask My Father, and He will give Me presently more than twelve legions of Angels?" [18] The patience of Christ upon the cross, therefore, was of the highest degree: "Let us run by patience to the fight proposed to us; looking on Jesus, the author and finisher of faith, who, having joy set before Him endured the cross, despising the shame." [19]

If you seek an example of humility, look upon Him who is crucified; although He was God, He chose to be judged by Pontius Pilate and to be put to death: "Thy cause has been judged as that of the wicked." [20] Truly "that of the wicked," because: "Let us condemn Him to a most shameful death." [21] The Lord chose to die for His servant; the Life of the Angels suffered death for man: "He humbled Himself, becoming obedient unto death, even to the death of the cross." [22]

If you seek an example of obedience, imitate Him who was obedient to the Father unto death: "For by the disobedience of one man, many were made sinners; so also by the obedience of one, many shall be made just." [23]

If you seek an example of contempt for earthly things, imitate Him who is the King of kings, the Lord of rulers, in whom are all the treasures of wisdom; but on the Cross He was stripped naked, ridiculed, spat upon, bruised, crowned with thorns, given to drink of vinegar and gall, and finally put to death. How falsely, therefore, is one attached to riches and raiment, for: "They parted My garments amongst them; and upon My vesture they cast lots." [24] How falsely to honors, since "I was covered with lashes and insults;" how falsely to positions of power, because "taking a crown of thorns, they placed it upon My brow;" how falsely to delicacies of the table, for "in My thirst they gave Me to drink of vinegar." Thus, St. Augustine, in commenting on these words, "Who, having joy set before Him, endured the Cross despising the shame," [25] says: "The man Christ despised all earthly things in order to teach us to despise them.

(For "Questions for Discussion" see Chapter 6.)

## ENDNOTES

1. Acts, xiii. 41 (quoting Hab., i. 5).
2. "As Christ was true and perfect man, He was capable of truly dying. Now, man dies when the soul is separated from the body. When, therefore, we say that Jesus died, we mean this, that His soul was disunited from His body. We do not admit, however, that the Divinity was separated from His Body. On the contrary, we firmly believe and profess that when His soul was dissociated from His body, His Divinity continued always united both to His body in the sepulchre and to His soul in limbo" ("Roman Catechism," Fourth Article, 6).
3. See above, p. 6.
4. Bar., iii. 10-11.
5. Apoc., i. 5.
6. Heb., x. 28-29.
7. Wis., xiv. 9.
8. Rom., v. 10.
9. Rom., vi. 6.
10. I Pet., ii. 24.
11. Luke, xxiii. 43.
12. Heb., x. 19
13. John, xv. 13.
14. Ps. cxv. 12.
15. Lament., i. 12.
16. Pet., ii. 23.
17. Isa., liii. 7.
18. Matt., xxvi. 53.
19. Heb., xii. 1-2.
20. Job, xxxvi. 17.
21. Wis., ii. 20.

### THE FIFTH ARTICLE: "He Descended into Hell."

The death of Christ was the separation of His soul from His body as it is with other men. But the Divinity was so indissolubly conjoined to the Man- Christ that although His soul and body were disunited, His Divinity was always most perfectly united to both the soul and body. This we have seen above. Therefore in the Sepulchre His body was together with the Son of God who together with His soul descended into hell.[1]

### REASONS FOR CHRIST'S DESCENT

There are four reasons why Christ together with His soul descended into hell. First, He wished to take upon Himself the entire punishment for our sin, and thus atone for its entire guilt. The punishment for the sin of man was not alone death of the body, but there was also a punishment of the soul, since the soul had its share in sin; and it was punished by being deprived of the beatific vision; and as yet no atonement had been offered whereby this punishment would be taken away. Therefore, before the coming of Christ all men, even the holy fathers after their death, descended into hell. Accordingly in order to take upon Himself most perfectly the punishment due to sinners, Christ not only suffered death, but also His soul descended into hell.[2] He, however, descended for

a different cause than did the fathers; for they did so out of necessity and were of necessity taken there and detained, but Christ descended there of His own power and free will: "I am counted among them that go down to the pit; I am become as a man without help, free among the dead." [3] The others were there as captives, but Christ was freely there.

The second reason is that He might perfectly deliver all His friends. Christ had His friends both in the world and in hell. The former were His friends in that they possessed charity; and the latter were they who departed this life with charity and faith in the future Redeemer, such as Abraham, Isaac, Jacob, Moses, David, and other just and good men. Therefore, since Christ had dwelt among His friends in this world and had delivered them by His death, so He wished to visit His friends who were detained in hell and deliver them also: "I will penetrate to all the lower parts of the earth, and will behold all that hope in the Lord." [4]

The third reason is that He would completely triumph over the devil. Now, a person is perfectly vanquished when he is not only overcome in conflict, but also when the assault is carried into his very home, and the seat of his kingdom is taken away from him. Thus Christ triumphed over the devil, [5] and on the Cross He completely vanquished him: "Now is the judgment of this world; now shall the prince of this world (that is, the devil) be cast out." [6] To make this triumph complete, Christ wished to deprive the devil of the seat of his kingdom and to imprison him in his own house—which is hell. Christ, therefore, descended there, and despoiled the devil of everything and bound him, taking away his prey: [7] "And despoiling the principalities and powers, He hath exposed them confidently in open show, triumphing over them in Himself." [8] Likewise, Christ who had received the power and possession of heaven and earth, desired too the possession of hell, as says the Apostle: "That in the name of Jesus every knee should bow, of those that are in heaven, on earth, and under the earth." [9] "In My name they shall cast out devils." [10]

The fourth and final reason is that Christ might free the just who were in hell [or Limbo]. For as Christ wished to suffer death to deliver the living from death, so also He would descend into hell to deliver those who were there: "Thou also by the blood of Thy testament, hast sent forth Thy prisoners out of the pit wherein is no water." [11] And again: "O death, I will be thy death; O hell, I will be thy bite." [12] Although Christ wholly overcame death, yet not so completely did He destroy hell, but, as it were, He bit it. He did not free all from hell, but those only who were without mortal sin. He likewise liberated those without original sin, from which they, as individuals, were freed by circumcision; or before [the institution of] circumcision, they who had been saved through their parents' faith (which refers to those who died before having the use of reason); or by the sacrifices, and by their faith in the future coming of Christ (which refers to adults). [13] The reason they were there in hell [i.e., Limbo] is original sin which they had contracted from Adam, and from which as members of the human race they could not be delivered except by Christ. Therefore, Christ left there those who had descended there with mortal sin, and the non-circumcised children. Thus, it is seen that Christ descended into hell, and for what reasons. Now we may gather four considerations from this for our own instruction.

#### WHAT WE MAY LEARN FROM THIS

(1) A firm hope in God. No matter how much one is afflicted, one ought always hope in the assistance of God and have trust in Him. There is nothing so serious as to be in hell. If, therefore, Christ delivered those who were in hell, what great confidence ought every friend of God have that he will be delivered from all his troubles! "She [that is, wisdom] forsook not the just when he was sold, but delivered him from sinners. She went down with him into the pit. And in bonds she left him not." [14] God helps in a special manner those who serve Him, and hence the servant of God should feel secure in Him: "He that feareth the Lord shall tremble at nothing and shall not be afraid; for He is his hope." [15]



(2) We ought to conceive a fear of God and avoid all presumption. We have already seen that Christ suffered for sinners and descended into hell for them. However, He did not deliver all sinners, but only those who were free from mortal sin. He left there those who departed this life in mortal sin. Hence, anyone who descends into hell in mortal sin has no hope of deliverance; and he will remain in hell as long as the holy fathers remain in paradise, that is, for all eternity: "And these shall go into everlasting punishment; but the just, into life everlasting." [16]

(3) We ought to arouse in ourselves a mental anxiety. Since Christ descended into hell for our salvation, we ought in all care go down there in spirit by considering, for instance, its punishments as did that holy man, Ezechias: "I said: In the midst of my days I shall go to the gates of hell. [17] Indeed, he who during this life frequently descends into hell by thinking of it, will not easily fall into hell at death; for such meditation keeps one from sin, and draws one out of it. We see how men of this world guard themselves against wrongdoing because of the temporal punishment; but with how much more care ought they avoid the punishment of hell which far exceeds all else in its duration, its severity, and its varied nature! "In all thy works remember thy last end, and thou shalt never sin." [18]

(4) There comes to us in this an example of love. Christ descended into hell in order to deliver His own; and so we should go down there to rescue our own. They cannot help themselves. Therefore, let us deliver those who are in purgatory. He would be very hard-hearted who does not come to the aid of a relative who is detained in an earthly prison; but much more cruel is he who will not assist a friend who is in purgatory, for there is no comparison between the pains of this world and of that: "Have pity on me, have pity on me, at least you my friends, because the hand of the Lord hath touched me." [19] "It is therefore a holy and wholesome thought to pray for the dead, that they may be loosed from their sins." [20] We may assist these souls in three ways as St. Augustine tells us, viz., through Masses, prayers, and almsgiving. St. Gregory adds a fourth, that is, fasting. All this is not so amazing, for even in this world a friend can pay a debt for his friend; but this applies only to those who are in purgatory.

(For "Questions for Discussions" see pp. 181-194.)

## ENDNOTES

1. "Hell here means those far-removed places in which are detained those souls that have not been awarded the happiness of heaven. . . These places are not of the same nature. There is that most abominable and most dark prison where the souls of the damned, together with the unclean spirits, are punished in eternal and unquenchable fire. This is gehenna or the 'abyss,' and is Hell, strictly so-called. There also is the fire of Purgatory, in which the suffering souls of the just are purified for a definite time in order that they be permitted to enter into the everlasting Fatherland, where nothing unclean is admitted. . . The third and last place is that in which the souls of the just before the coming of the Lord were received; there without any pain, sustained by the blessed hope of the redemption, they enjoyed a quiet repose. It was to these souls who waited in the bosom of Abraham that Christ the Lord descended, and whom He delivered" ("Roman Catechism," Fifth Article, Chapter VI, 2-3).

Therefore, "He descended into hell" means that the soul of Jesus Christ, after His death, descended into Limbo, i.e., to the place where the souls of the just who died before Christ were detained, and were waiting for the time of their redemption. St. Peter writes: "He was put to death indeed in the flesh, but enlivened in the spirit, in which also coming, He preached to those spirits that were in prison" (I Peter, iii, 18-19). "We profess that immediately after the death of Christ, His soul descended into hell, and remained there as long as His body was in the sepulchre; and we believe also that the one Person of Christ was at the same time in hell and in the tomb" ("Roman Catechism," "loc. cit.," 1).

2. See last footnote. This place is also called Limbo.

3. Ps. lxxxvii. 5. "They descended as captives; He as free and victorious amongst the dead, to overcome those devils by whom, in consequence of their guilt,

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|--|-------------------------|
| they were held in captivity" ("Roman Catechism," "loc. cit.," 5).  | 11. Zach.. ix. 11.      |
| 4. Ecclus., xxiv. 45.  | 12. Osee, xiii. 14.     |
| 5. This refers to the temptation of Our Lord in the desert.  | 13. Italics added.      |
| 6. John, xii. 31.  | 14. Wis., 13-14.        |
| 7. St. Thomas says that the soul of Christ descended to the hell of the just or to Limbo "per suam essentiam," but to the hell of the damned only "per suum effectum" ("Summa Theol.," III, Q. lii, Art. 2). | 15. Ecclus., xxxiv. 16. |
| 8. Col., ii. 15.   | 16. Matt., xxv. 46.     |
| 9. Phil., ii. Io   | 17. Isa., xxxviii. 10.  |
| 10. Mark, xvi. 17.   | 18. Ecclus., vii. 40.   |
|  | 19. Job, xix. 21.       |
|  | 20. II Mach., xii. 46.  |

THE FIFTH ARTICLE (CONTINUED): "The third day He arose again from the dead."

We must necessarily know two things: the glory of God and the punishment of hell. For being attracted by His glory and made fearful by punishments, we take warning and withdraw ourselves from sin. But for us to appreciate these facts is very difficult. Thus, it is said of God's glory: "But the things that are in heaven, who shall search out?"[1] For those who are worldly minded this is indeed difficult, because "he that is of the earth, of the earth he is, and of the earth he speaketh;"[2] but it is easier for the spiritually minded, because, "he that cometh from above is above all," as is said in the same place. Accordingly, God descended from heaven and became incarnate to teach us heavenly things. Once it was difficult to know about the punishments of hell: "no man hath been known to have returned from hell,"[3] as it is said in the person of the wicked. But this cannot be said now, for just as Christ descended from heaven to teach us heavenly things, so also He came back from the region of hell to teach us about it. It is, therefore, necessary that we believe not only that Christ was made man, and died, but also that He arose again from the dead. Therefore, it is said in the Creed: "The third day He arose again from the dead."

We find that many arose from the dead, such as Lazarus,[4] the son of the widow,[5] and the daughter of the Ruler of the synagogue.[6] But the resurrection of Christ differed from the resurrection of these and of all others in four points.

SPECIAL CHARACTER OF CHRIST'S RESURRECTION

(1) Christ's resurrection differed from that of all others in its cause. Those others who arose did so not of their own power, but either by the power of Christ or through the prayers of some Saint. Christ, on the contrary, arose by His own power, because He was not only Man but also God, and the Divinity of the Word was at no time separated either from His soul or from His body. Therefore, His body could, whenever He desired, take again the soul, and His soul the body: "I lay down My life, that I may take it again. . . . And I have power to lay it down; and I have power to take it up again."[7] Christ truly died, but not because of weakness or of necessity but rather of His own will entirely and by His own power. This is seen in that moment when He yielded up the ghost; He cried out with a loud voice,[8] which could not be true of others at the moment of dying, because they die out of weakness. . . . For this the centurion said: "Indeed, this was the Son of God."[9] By that same power whereby He gave up His soul, He received it again; and hence the Creed says, "He arose again," because He was not raised up as if by anyone else. "I have slept and have taken My rest; and I have risen up."[10] Nor can this be contrary to these words, "This Jesus hath God raised

again,"[11] because both the Father and the Son raised Him up, since one and the same power is of the Father and the Son.

(2) Christ's resurrection was different as regards the life to which He arose. Christ arose again to a glorious and incorruptible life: "Christ is risen from the dead by the glory of the Father." [12] The others, however, were raised to that life which they had before, as seen of Lazarus and the others.

(3) Christ's resurrection was different also in effect and efficacy. In virtue of the resurrection of Christ all shall rise again: "And many bodies of the saints that had slept arose." [13] The Apostle declares that "Christ is risen from the dead, the first fruits of them that sleep." [14] But also note that Christ by His Passion arrived at glory: "Ought not Christ to have suffered these things and so to enter into His glory?" [15] And this is to teach us how we also may arrive at glory: "Through many tribulations we must enter into the kingdom of God." [16]

(4) Christ's resurrection was different in point of time. Christ arose on the third day; but the resurrection of the others is put off until the end of the world. The reason for this is that the resurrection and death and nativity of Christ were "for our salvation," [17] and thus He wished to rise again at a time when it would be of profit to us. Now, if He had risen immediately, it would not have been believed that He died; and similarly, if He had put it off until much later, the disciples would not have remained in their belief, and there would have been no benefit from His Passion. He arose again, therefore, on the third day, so that it would be believed that He died, and His disciples would not lose faith in him. [18]

#### WHAT WE MAY LEARN FROM THE RESURRECTION

From all this we can take four things for our instruction. Firstly, let us endeavour to arise spiritually, from the death of the soul which we incur by our sins, to that life of justice which is had through penance: "Rise, thou that sleepest, and arise from the dead; and Christ shall enlighten thee." [19] This is the first resurrection: "Blessed and holy is he that hath part in the first resurrection." [20]

Secondly, let us not delay to rise until our death, but do it at once, since Christ arose on the third day: "Delay not to be converted to the Lord; and defer it not from day to day." [21] You will not be able to consider what pertains to salvation when weighed down by illness, and, moreover, by persevering in sin, you will lose part of all the good which is done in the Church, and you will incur many evils. Indeed, the longer you possess the devil, the harder it is to put him away, as St. Bede tells us.

Thirdly, let us rise up again to an incorruptible life in that we may not die again, but resolve to sin no more: "Knowing that Christ, rising again from the dead, dieth now no more. Death shall no more have dominion over Him. . . . So do you also reckon that you are dead to sin, but alive unto God, in Christ Jesus our Lord. Neither yield ye your members as instruments of iniquity unto sin; but present yourselves to God, as those that are alive from the dead." [22]

Fourthly, let us rise again to a new and glorious life by avoiding all that which formerly were the occasions and the causes of our death and sin: "As Christ is risen from the dead by the glory of the Father, so we also may walk in newness of life." [23] This new life is the life of justice which renews the soul and leads it to the life of glory.

(For "Questions for Discussion" see Chapter 6.)

#### ENDNOTES

1. Wis., ix. 16.

2. John, iii. 31.
3. Wisd., ii. 1.
4. John, xi 1-44
5. Luke, vii. 11-16.
6. Mark, v. 35-43.
7. John, x. 18.
8. Matt., xxvii. 50.
9. Matt., xxvii. 54.
10. Ps. iii. 6.
11. Acts, ii. 3~. Rom., vi, 4.
13. Matt., xxviii. 52.
14. I Cor., xv. 20.
15. Luke xxiv. 26.
16. Acts, xiv. 21.
17. From the Nicene Creed.
18. "Christ did not remain in the grave during all of these three days, but as He lay in the sepulchre during an entire natural day during part of the preceding day and part of the following day, he is said, in very truth, to have lain in the grave for three days, and on the third day to have risen again from the dead" ("Roman Catechism," "loc. cit., 10).
19. Eph., v. 14.
20. John, xx. 6.
21. Eccclus., v. 8.
22. Rom., vi. 9, 11-14.
23. "Ibid.," 4.

THE SIXTH ARTICLE: "He ascended into heaven, and sitteth at the right hand of God, the Father Almighty."

Besides the resurrection of Christ, we must also believe in His ascension; for He ascended into heaven on the fortieth day. Hence, the Creed says: "He ascended into heaven." Concerning this we ought to observe three things, viz., that it was sublime, reasonable, and beneficial.

#### THE SUBLIMITY OF THE ASCENSION

It was certainly sublime that Christ ascended into heaven. This is expounded in three ways. Firstly, He ascended above the physical heaven: "He . . . ascended above all the heavens." [1] Secondly, He ascended above all the spiritual heavens, i.e., spiritual natures: "Raising [Jesus] up from the dead and setting Him on His right hand in the heavenly places. Above all principality and power and virtue and dominion and every name that is named, not only in this world but also in that which is to come. And He hath subjected all things under His feet." [2] Thirdly, He ascended up to the very throne of the Father: "Lo, one like the Son of man came with the clouds of heaven. And He came even to the Ancient of days." [3] "And the Lord Jesus, after He had spoken to them, was taken up into heaven and sitteth on the right hand of God." [4] Now, it is not to be taken in the literal sense, but figuratively, that Christ is at the right hand of God. Inasmuch as Christ is God, He is said to sit at the right hand of the Father, that is, in equality with the Father; and as Christ is man, He sits at the right hand of the Father, that is, in a more preferable place. [5] The devil once feigned to do this: "I will ascend above the height of the clouds. I will be like the Most High." [6] But Christ alone succeeded in this, and so it is said: "He ascended into heaven, and sitteth at the right hand of the Father." "The Lord said to my Lord: Sit Thou at My right hand." [7]

#### THE REASONABLENESS OF THE ASCENSION

The Ascension of Christ into heaven is in accord with reason: (1) because heaven was due to Christ by His very nature. It is natural for one to return to that place from whence he takes his origin. The beginning of Christ is from God, who is above all things: "I came forth from the Father and am come into the world; again I leave the world and I go to the Father." 9 "No man hath ascended into heaven, but He that descended from heaven, the Son of man who is in heaven." 9 The just ascend

into heaven, but not in the manner that Christ ascended, i.e., by His own power; for they are taken up by Christ:[10] "Draw me, we will run after Thee." [11] Or, indeed, we can say that no man but Christ has ascended into heaven, because the just do not ascend except in so far as they are the members of Christ who is the head of the Church. "Wheresoever the body shall be, there shall the eagles also be gathered together." [12]

(2) Heaven is due to Christ because of His victory. For He was sent into the world to combat the devil, and He did overcome him. Therefore, Christ deserved to be exalted above all things: "I also have overcome and am set down with My Father in His throne." [13]

(3) The Ascension is reasonable because of the humility of Christ. There never was humility so great as that of Christ, who, although He was God, yet wished to become man; and although He was the Lord, yet wished to take the form of a servant, and, as St. Paul says: "He was made obedient unto death," [14] and descended even into hell. For this He deserved to be exalted even to heaven and to the throne of God, for humility leads to exaltation: "He that humbleth himself shall be exalted." [15] "He that descended is the same also that ascended above all the heavens." [16]

### THE BENEFITS OF THE ASCENSION

The Ascension of Christ was very beneficial for us. This is seen three ways. Firstly, as our Leader, because He ascended in order to lead us; for we had lost the way, but He has shown it to us. "For He shall go up that shall open the way before them," [17] and thus we may be made certain of possessing the heavenly kingdom: "I go to prepare a place for you." [18] Secondly, that He might draw our hearts to Himself: "For where thy treasure is, there is thy heart so." [19] Thirdly, to let us withdraw from worldly things: "Therefore, if you be risen with Christ, seek the things that are above, where Christ is sitting at the right hand of God. Mind the things that are above, not the things that are upon the earth." [20]

(For "Questions for Discussion" see Chapter 6.)

### ENDNOTES

1. Eph., iv. 10.

2. "Ibid.," i. 20-22

3. Dan., vii. 13.

4. Mark, xvi. 19.

5. "In these words we observe a figure of speech, that is, the changing of a word from its literal to a figurative meaning, something which is not infrequent in the Scriptures: for when accommodating its language to human ideas, it attributes human affections and human members to God, who is pure spirit and can admit of nothing corporeal. For, just as among men, he who sits at the right hand is considered to occupy the most honoured place: so, transferring the idea to heavenly things to express the glory which Christ as Man enjoys above all others, we say that He sits at the right hand of His Eternal Father. Now, this does not mean actual position and figure of body, but declares the fixed and

permanent possession of royal and supreme power and glory which Christ received from the Father" ("Roman Catechism," Sixth Article, 3).

6. Isa., xiv. 13-14.

7. Ps. cix. 1.

8. John, xvi. 28.

9. "Ibid.," iii. 13.

10. "He ascended by His own power, not by the power of another as did Elias, who was taken up into heaven in a fiery chariot (IV Kings, ii. 1); or as the prophet Habacuc (Dan., xiv. 35); or Philip, the deacon, who was borne through the air by the divine power and traversed the distant regions of the earth (Acts, viii. 39). Neither did He ascend into heaven solely by the exercise of His supreme power as God, but also, by virtue of the power which He possessed as Man;

although human power alone was insufficient to raise Him from the dead, yet the virtue with which the blessed soul of Christ was endowed, was capable of moving the body as it pleased, and His body, now glorified, readily obeyed the soul that moved it" ("Roman Catechism," "loc. cit.," 2).

11. Cant., i. 3.

12. Matt., xxiv. 28.

13. Apoc., iii. 21.

14. Phil., ii. 8.

15. Luke, xiv. 11.

16. Eph., iv. 10.

17. Mich., ii. 13.

18. John, xiv. 2.

19. Matt., vi. 21.

20. Col., iii. 1.

THE SEVENTH ARTICLE: "From thence He shall come to judge the living and the dead."

It is of the office of the King and Lord to pronounce judgement: "The king that sitteth on the throne of judgement scattereth away all evil with His look." [1] Since Christ, therefore, ascended into heaven and sits at the right hand of God as Lord of all, it is clear that His is the office of Judge. For this reason we say in the rule of Catholic faith that "He shall come to judge the living and the dead." Indeed the Angels have said that: "This Jesus who is taken up from you into heaven shall so come as you have seen Him going into heaven." [2]

We shall consider three facts about the judgement: (1) the form of the judgement; (2) the fear of the judgement; (3) our preparation for the judgement.

#### THE FORM OF THE JUDGEMENT

Now, concerning the form of the judgement there is a threefold question. Who is the judge, who are to be judged, and upon what will they be judged? Christ is the Judge: "It is He who is appointed by God to be judge of the living and of the dead." [3] We may here interpret "the dead" to mean sinners and "the living" to mean the just; or "the living" to refer to those who at that time were living and "the dead" to mean those who had died. Christ of a certain is Judge, not only in that He is God, but also in that He is man. The first reason for this is because it is necessary that they who are to be judged may see the Judge. But the Godhead is so wholly delightful that no one could behold it without great enjoyment; and hence the damned are not permitted to see the Judge, nor in consequence to enjoy anything. Christ, therefore, of necessity will appear in the form of man so that He may be seen by all: "And He hath given Him power to do judgement, because He is the Son of man." [4] Again Christ deserved this office as Man, for as Man He was unjustly judged, and therefore God constitutes Him Judge of the entire world: "Thy cause hath been judged as that of the wicked. Cause and judgment Thou shalt recover." [5] And, lastly, if God alone should judge men, they, being terrified, would despair; but this despair disappears from men if they are to be judged by a Man: "And then they shall see the Son of man coming in a cloud." [6]

#### WHO ARE TO BE JUDGED?

All are to be judged--those who are, who were, and who will be: "We must all be manifested before the judgment seat of Christ, that every one may receive the proper things of the body, according as he hath done, whether it be good or evil." [7] There are, says St. Gregory, four different classes of people to be judged. The chief difference is between the good and the wicked.

Of the wicked, some will be condemned but not judged. They are the infidels whose works are not to be discussed because, as St. John says: "He that doth not believe is already judged." [8] Others will be both condemned and judged. They are those possessing the faith who departed this life in

mortal sin: "For the wages of sin is death." [9] They shall not be excluded from the judgment because of the faith which they possessed.

Of the good also, some will be saved and shall not be judged. they are the poor in spirit for God's sake who rather shall judge others: "Amen, I say to you that you, who have followed Me, in the regeneration when the Son of man shall sit on the seat of His majesty, you also shall sit on twelve seats judging the twelve tribes of Israel." [10] Now, this is not to be understood only of the disciples, but of all those who are poor in spirit; for otherwise Paul, who labored more than others, would not be among this number. These words, therefore, must refer also to all the followers of the apostles and to all apostolic men: "Know you not that we shall judge Angels? [11] "The Lord will enter into judgment with the ancients of His people and its princes." [12]

Others shall both be saved and judged, that is, they who die in a state of righteousness. For although they departed this life in justice, nevertheless they fell somewhat amiss in the business of temporal matters, and hence shall be judged but saved. The judgment will be upon all their deeds good and bad: "Walk in the ways of thy heart, . . . and know that for all these God will bring thee into judgment." [13] "And all things that are done, God will bring into judgment for every error, whether it be good or evil." [14] Even idle words shall be judged: "But I say to you that every idle word that men shall speak, they shall render an account for it in the day of judgment." [15] And thoughts also: "For inquisition shall be made into the thought of the ungodly." [16] Thus, the form of the judgment is clear.

#### THE FEAR OF THE JUDGMENT

The judgment ought indeed to be feared. (a) Because of the wisdom of the Judge. God knows all things, our thoughts, words and deeds, and "all things are naked and open to his eyes." [17] "All the ways of men are open to His eyes." [18] He knows our words: "The ear of jealousy heareth all things." [19] Also our thoughts: "The heart is perverse above all things and unsearchable. Who can know it? I am the Lord, who search the heart and prove the reins; who give to every one according to his way and according to the fruit of his devices." [20] There will be infallible witnesses-- men's own consciences: "Who show the work of the law written in their hearts, their conscience bearing witness to them; and their thoughts between themselves accusing or also defending one another, in the day when God shall judge the secrets of men." [21]

(b) Because of the power of the Judge, who is almighty in Himself: "Behold, the Lord God will come with strength." [22] And also almighty in others: "The whole world shall fight with Him against the unwise." [23] Hence, Job says: "Whereas there is no man that can deliver out of Thy hand." [24] "If I ascend into heaven, Thou art there; if I descend into hell, Thou art present," says the Psalmist. [25]

(c) Because of the inflexible justice of the Judge. The present is the time for mercy; but the future is the time solely for justice; and so the present is our time, but the future is God's time: "When I shall take a time, I shall judge justices." [26] "The jealousy and rage of the husband will not spare in the day of revenge. Nor will he yield to any man's prayers; nor will he accept for satisfaction ever so many gifts." [27]

(d) Because of the anger of the Judge. He shall appear in different ways to the just and to the wicked. To the just, He will be pleasant and gracious: "They will behold the King of beauty." [28] To the wicked He will be angry and pitiless, so that they may say to the mountains: "Fall upon us and hide us from the wrath of the Lamb." [29] But this anger of God does not bespeak in Him any perturbation of soul, but rather the effect of His anger which is the eternal punishment inflicted upon sinners.

## OUR PREPARATION FOR THE JUDGMENT

Now, against this fear of the judgment we ought to have four remedies. The first is good works: "Wilt thou then not be afraid of the power? Do that which is good, and thou shalt have praise from the same." [30] The second is confession and repentance for sins committed; and this ought to include sorrow in thinking of them, feeling of shame in confessing them, and all severity in making satisfaction for them. And these will take away the eternal punishment. The third is giving of alms, which makes all things clean: "Make unto you friends of the mammon of iniquity; that when you shall fail, they may receive you into everlasting dwellings." [31] The fourth is charity, viz., the love of God and our neighbour, for "charity covereth a multitude of sins." [32]

(For "Questions for Discussion" see Chapter 6.)

### ENDNOTES

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|-----------------------|------------------------|
| 1. Prov., xx. 8.      | 17. Heb., iv. 13.      |
| 2. Acts, i. 11.       | 18. Prov., xvi. 2.     |
| 3. Acts, x. 42.       | 19. Wis., i. 10.       |
| 4. John, v. 27.       | 20. Jerem. xvii. 9-10. |
| 5. Job, xxxvi. 17.    | 21. Rom., ii. 15-16.   |
| 6. Luke, xxi. 27.     | 22. Isa., xl. 10.      |
| 7. II Cor., v. 10.    | 23. Wis., v. 21.       |
| 8. John, iii. 18.     | 24. Job, x. 7.         |
| 9. Rom., vi. 23.      | 25. Ps., cxxxviii. 8.  |
| 10. Matt., xix. 28.   | 26. Ps., lxxiv. 3.     |
| 11. I Cor., vi. 3.    | 27. Prov., vi. 34-35.  |
| 12. Isa., iii. 14.    | 28. Isa., xxxiii. 17.  |
| 13. Eccles., xi. 9.   | 29. Apoc., vi. 16.     |
| 14. "Ibid.," xii. 14. | 30. Rom., xiii. 3.     |
| 15. Matt., xii. 36.   | 31. Luke, xvi. 9.      |
| 16. Wis., i. 9.       | 32. I Peter, iv. 8.    |

### THE EIGHTH ARTICLE: "I Believe in the Holy Ghost."

As we have said, the Word of God is the Son of God just as in a way the word of man is the concept of his intellect.[1] But sometimes man has a word which is dead. This is when, for instance, he conceives what he ought to do, but he has not the will to do it; or when one believes but does not practise; then his faith is said to be dead, as St. James points out.[2] The word of God, however, is alive: "For the word of God is living." [3] It is necessary, therefore, that in God there be will and love. Thus, St. Augustine says: "The word of God which we plan to speak is knowledge with love." [4] Now, as the Word of God is the Son of God, God's love is the Holy Ghost. Hence, it is that one possesses the Holy Ghost when he loves God: "The charity of God is poured forth in our hearts, by the Holy Ghost who is given to us." [5]



## TEACHING OF THE NICENE CREED

There are some who held false opinions concerning the Holy Ghost. They said, for instance, that He was only the servant and minister of God. Hence, to remove these errors the holy Fathers added five phrases concerning the Holy Ghost.[6]

"The Holy Ghost, the Lord."--The first is, that although there are other spirits, such as the Angels who are ministers of God (Art they not all ministering spirits?),[7] nevertheless the Holy Ghost is the Lord. "God is a Spirit,"[8] and, "Now the Lord is a Spirit,"[9] and also, "Where the Spirit of the Lord is, there is liberty." [10] The reason is that He makes us love God and cease to love the world. Thus, the Creed says: "In the Holy Ghost, the Lord."

"And Life-Giver."--The second phrase is there because the soul's life is to be united to God, inasmuch as God is the life of the soul, and as truly as the soul is the life of the body.[11] Now, the Holy Ghost unites the soul to God through love, because He is the love of God, and therefore He gives life. "It is the spirit that quickeneth." [12] Therefore, it is said: "and Life-giver."

"Who Proceeds from the Father and the Son."--The third is that the Holy Ghost is one in substance with the Father and the Son; because as the Son is the Word of the Father, so the Holy Spirit is the love both of the Father and the Son, and, therefore, He proceeds from them both. Moreover, just as the Word of God is of the same substance as the Father, so also is Love [Holy Ghost] of the same substance as the Father and the Son. Hence, it is said: "who proceedeth from the Father and the Son." From this it is seen that the Holy Spirit is not a Creature.

"Who . . . is Adored and Glorified."--The fourth phrase is that the Holy Ghost as regards adoration is equal to the Father and the Son: "The true adorers shall adore the Father in spirit and truth." [13] "Teach ye all nations; baptizing them in the name of the Father and of the Son and of the Holy Ghost." [14] Hence, it is said: "Who together with the Father and the Son is adored." [15]

"Who Spoke by the Prophets."--The fifth phrase, wherein the Holy Ghost is declared equal to God, is that the holy prophets spoke on behalf of God. It is clear that, if the Holy Ghost were not God, then it would not be said that the prophets had spoken of God on His behalf. Thus, says St. Peter: "The holy men of God spoke, inspired by the Holy Ghost." [16] Also: "The Lord God hath sent me, and His Spirit." [17] And so it is said: "Who spoke by the prophets."

In all this two errors are condemned. The Manicheans said that the Old Testament was not from God. But this is false because the Holy Spirit spoke through the prophets. Likewise, the error of Priscillian and Montanus was that they believed that the prophets did not speak by the Holy Ghost but were somewhat beside themselves.

## BENEFITS FROM THE HOLY GHOST

Many benefits come to us from the Holy Ghost. (1) He cleanses us from our sins. The reason is that one must repair that which one has made. Now, the soul is created by the Holy Spirit, because God has made all things through Him; for God, by loving His goodness, created everything: "Thou lovest all things that are, and hatest none of the things which Thou hast made." [18] Thus, Dionysius says: "Divine love did not permit Him to be without offspring." [19] It is necessary, therefore, that the hearts of men, destroyed by sin, be made anew by the Holy Ghost: "Thou shalt send forth Thy Spirit, and they shall be created; and Thou shalt renew the face of the earth." [20] Nor is it any wonder that the Spirit cleanses, since all sins are taken away by love: "Many sins are forgiven her, because she hath loved much." [21] "Charity covereth all sins." [22] And likewise: "Charity covereth a multitude of sins." [23]

(2) The Holy Spirit enlightens the intellect, since all that we know, we know through the Holy Ghost: "But the Paraclete, the Holy Ghost, whom the Father will send in My name, He will teach you all things and bring all things to your mind, whatsoever I shall have said to you." [24] Also: "His unction teacheth you all things." [25]

(3) He assists us and, to a certain extent, compels us to keep the commandments. No one can keep the commandments unless he loves God: "If any one love Me, he will keep My word." [26] Thus, the Holy Spirit makes us love God: "And I give you a new heart and put a new spirit within you; and I will take away the stony heart out of your flesh and will give you a heart of flesh. And I will put My Spirit in the midst of you; and I will cause you to walk in My commandments and to keep My judgments and do them." [27]

(4) He strengthens in us the hope of eternal life, because He is the pledge to us of this our destiny: "You were signed with the Holy Spirit of promise who is the pledge of our inheritance." [28] He is, as it were, the surety of our eternal life. The reason is that eternal life is due to man inasmuch as he is become the son of God; and this is brought about in that he is made like unto Christ; and this, in turn, follows from his having the Spirit of Christ, and this is the Holy Ghost: "For you have not received the spirit of bondage again in fear; but you have received the spirit of adoption of sons, whereby we cry: Abba (Father). For the Spirit Himself giveth testimony to our spirit that we are the sons of God." [29] And also: "Because you are sons, God hath sent the Spirit of His Son into your hearts, crying: Abba, Father." [30]

(5) He counsels us when we are in doubt, and teaches us what is the will of God: "He that hath an ear let him hear what the Spirit saith to the churches." [31] Likewise: "I may hear him as a master." [32]

(For "Questions for Discussion" see Chapter 6.

## ENDNOTES

1. See above, p. 17.

2. "So faith also, if it have not works, is dead in itself" (James, ii. 17).

3. Heb., iv. 12.

4. "De Trinitate," ix. 10.

5. Rom., v. 5.

6. "And I believe in the Holy Ghost, (1) the Lord and (2) Life-giver, (3) who proceeds from the Father and the son: (4) who together with the Father and the son is adored and glorified (5) who spoke by the Prophets" (The Nicene Creed).

7. Heb, i. 14.

8. Iohn, iv. 24.

9. II Cor., iii. 17.

10. "Ibid."

11. "Cum ipse Deus sit vita animae, sicut anima vita corporis."

12. John, vi. 64.

13. John, iv. 23.

14. Matt., xxviii. 19.

15. "The Holy Ghost is equally God with the Father and the Son, equally omnipotent, eternal, perfect, the supreme good, infinitely wise and of the same nature with the Father and the Son. . . . If the Father is God, and the son, God, we must confess that the Holy Ghost, who is united with them in the same degree of honour, is also God. . . . The Holy Ghost is God, the third Person in the divine nature, distinct from the Father and the son, and produced by their will" ("Roman Catechism," Eighth Article, 4-5).

16. II Peter, i. 21.

17. Isa., xlvi. 16.

18. Wis., xi. 25.

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|---------------------|---------------------------|
| 19 Div. Nom., IV.   | 26. John, xiv. 23.        |
| 20. Ps. ciii. 30.   | 27. Ezech., xxxvi. 26-27. |
| 21. Luke, vii. 47.  | 28. Eph., i. 13.          |
| 22. Prov., x. 12.   | 29. Rom., viii. 15-16.    |
| 23. I Peter, iv. 8. | 30. Gal., iv. 6.          |
| 24. John, xiv. 26.  | 31. Apoc., ii. 7          |
| 25. I John, ii. 27. | 32. Isa., I. 4.           |

#### THE NINTH ARTICLE: "I Believe in the Holy Catholic Church."

We see that in a man there are one soul and one body; and of his body there are many members. So also the Catholic Church is one body and has different members. The soul which animates this body is the Holy Spirit.[1] Hence, after confessing our faith in the Holy Ghost, we are bid to believe in the Holy Catholic Church. Thus, in the Symbol it is said, "the Holy Catholic Church."

It must be known that "church" is the same as assembly.[2] So, the Holy Church is the same as the assembly of the faithful, and every Christian is a member of this Church, of which it is written: "Draw near to Me, ye unlearned; and gather yourselves together into the house of discipline." [3]

The Church has four essential conditions, in that she is one, holy, catholic, and strong and firm.[4]

#### THE UNITY OF THE CHURCH

Of the first, it must be known that the Church is one. Although various heretics have founded various sects, they do not belong to the Church, since they are but so many divisions. Of her it is said: "One is My dove; My perfect one is but one." [5] The unity of the Church arises from three sources:

(1) the unity of faith. All Christians who are of the body of the Church believe the same doctrine. "I beseech you . . . that you all speak the same thing and that there be no schisms among you." [6] And: "One Lord, one faith, one baptism;" [7]

(2) the unity of hope. All are strengthened in one hope of arriving at eternal life. Hence, the Apostle says: "One body and one Spirit, as you are called in one hope of your calling;" [8]

(3) the unity of charity. All are joined together in the love of God, and to each other in mutual love: "And the glory which Thou hast given Me, I have given them; that they may be one, as We also are one." [9] It is clear that this is a true love when the members are solicitous for one another and sympathetic towards each other: "We may in all things grow up in Him who is the head, Christ. From whom the whole body, being compacted, and fitly joined together, by what every joint supplieth, according to the operation in the measure of every part, maketh increase of the body unto the edifying of itself in charity." [10] This is because each one ought to make use of the grace God grants him, and be of service to his neighbour. No one ought to be indifferent to the Church, or allow himself to be cut off and expelled from it; for there is but one Church in which men are saved, just as outside of the ark of Noah no one could be saved.

#### THE HOLINESS OF THE CHURCH

Concerning the second mark, holiness, it must be known that there is indeed another assembly, but it consists of the wicked: "I hate the assembly of the malignant." [11] But such a one is evil; the Church of Christ, however, is holy: "For the temple of God is holy, which you are." [12] Hence, it is said: "the Holy Church."

The faithful of this Church are made holy because of four things: (1) Just as a church is cleansed materially when it is consecrated, so also the faithful are washed in the blood of Christ: "Jesus Christ . . . who hath loved us and washed us from our sins in His own blood." [13] And: "That He might sanctify the people by his blood, suffered without the gate." [14] (2) Just as there is the anointing of the church, so also the faithful are anointed with a spiritual unction in order to be sanctified. Otherwise they would not be Christians, for Christ is the same as Anointed. This anointing is the grace of the Holy Spirit: "He that confirmeth us with you in Christ and that hath anointed us, is God." [15] And: "You are sanctified . . . in the name of our Lord Jesus Christ." [16] (3) The faithful are made holy because of the Trinity who dwells in the Church; for wheresoever God dwells, that place is holy. "The place whereon thou standest is holy." [17] And: "Holiness becometh Thy house, O Lord." [18] (4) Lastly, the faithful are sanctified because God is invoked in the Church: "But Thou, O Lord, art among us, and Thy name is called upon by us; forsake us not." [19] Let us, therefore, beware, seeing that we are thus sanctified, lest by sin we defile our soul which is the temple of God: "Know you not that you are the temple of God and that the Spirit of God dwelleth in you? But if any man violate the temple of God, him shall God destroy." [20]

#### THE CATHOLICITY OR UNIVERSALITY OF THE CHURCH

The Church is Catholic, that is, universal. Firstly, it is universal in place, because it is worldwide. This is contrary to the error of the Donatists. [21] For the Church is a congregation of the faithful; and since the faithful are in every part of the world, so also is the Church: "Your faith is spoken of in the whole world." [22] And also: "Go ye into the whole world and preach the gospel to every creature." [23] Long ago, indeed, God was known only in Judea; now, however, He is known throughout the entire world. The Church has three parts: one is on earth, one is in heaven, and one is in purgatory. Secondly, the Church is universal in regard to all the conditions of mankind; for no exceptions are made, neither master nor servant, neither man nor woman: "Neither bond nor free; there is neither male nor female." [24]. Thirdly, it is universal in time. Some have said that the Church will exist only up to a certain time. But this is false, for the Church began to exist in the time of Abel and will endure up to the end of the world: "Behold, I am with you all days, even to the consummation of the world." [25] Nay more, even after the end of the world, it will continue to exist in heaven.

#### THE APOSTOLICITY OF THE CHURCH

The Church is firm. A house is said to be firm if it has a solid foundation. The principal foundation of the Church is Christ: "For other foundation no men can lay but that which is laid, which is Christ Jesus." [26] The secondary foundation, however, is the Apostles and their teaching. Therefore, the Church is firm. It is said in the Apocalypse that the city has "twelve foundations," and therein were "written the names of the twelve Apostles." [27] From this the Church is called Apostolic. Likewise, to indicate this firmness of the Church St. Peter is called the crowning head. [28]

The firmness of a house is evident if, when it is violently struck, it does not fall. The Church similarly can never be destroyed, neither by persecution nor by error. Indeed, the Church grew during the persecutions, and both those who persecuted her and those against whom she threatened [29] completely failed: "And whosoever shall fall upon this stone, shall be broken; but on whomsoever it shall fall, it shall grind him to powder." [30] As regards errors, indeed, the more errors arise, the more surely truth is made to appear: "Men corrupt in mind, reprobate in faith; but they shall proceed no further." [31]

Nor shall the Church be destroyed by the temptations of the demons. For she is like a tower towards which all flee who war against the devil: "The name of the Lord is a strong tower." [32] The devil, therefore, is chiefly intent on destroying the Church, but he will not succeed, for the Lord has said: "The gates of hell shall not prevail against it." [33]

This is as if He said: "They shall make war against thee, but they shall not overcome thee." And thus it is that only the Church of Peter (to whom it was given to evangelize Italy when the disciples were sent to preach) was always firm in faith. On the contrary, in other parts of the world there is either no faith at all or faith mixed with many errors. The Church of Peter flourishes in faith and is free from error. This, however, is not to be wondered at, for the Lord has said to Peter: "But I have prayed for thee, that thy faith fail not; and thou, being once converted, confirm thy brethren." [34]

(For "Questions for Discussion" see Chapter 6.)

## ENDNOTES

1. "For as the body is one and hath many members; and all the members of the body, whereas they are many, yet are one body, so also is Christ. For in one Spirit were we all baptized into one body. . . . For the body also is not one member, but many" (I Cor., xii. 12-14). For St. Paul's admirable description of the Church, Christ's mystical body, see all of this chapter.

2. "The word "ecclesia" (church) which is borrowed by the Latins from the Greek has been applied since the preaching of the Gospel to sacred things. The word "ecclesia" (church) means a calling forth, but writers afterwards used it to mean a council or assembly. . . . However, in the ordinary sense used in the Scriptures, the word was afterwards used to designate the Christian society only, and the assemblies of the faithful: that is, of those who were called by faith to the light of truth, and the knowledge of God" ("Roman Catechism," Ninth Article, 2).

3. Ecclus., li. 31.

4. "The distinctive marks of the Church are also to be made known to the faithful that they thus may be able to appreciate the extent of the blessing conferred by God on those who have the happiness to be born and educated in her fold" ("Roman Catechism," "loc. cit.," 2).

5. Cant., vi. 8.

6. I Cor., i. 10.

7. Eph., iv. 5.

8. "Ibid." 4.

9. John, xvii. 22.

10. Eph., iv. 15-16.

11. Ps. xxv. 5.

12. I Cor., iii. 17.

13. Apoc., i. 5.

14. Heb., xiii. 12.

15. II Cor., i. 21.

16. I Cor., vi. 11.

17. Josue, v. 16; cfr. also Gen., xxviii. 16.

18. Ps. xcii, 5.

19. Jerem., xiv. 9.

20. I Cor., iii. 16-17. "It should not be considered surprising that the Church, although among her children are many sinners, is called holy. For as those who profess any art, even though they may violate its rules, are still artists, so the faithful, although offending in many things and violating the promises which they have made, are still called holy, because they are made the people of God, and are consecrated to Christ by baptism and faith" ("Roman Catechism," "loc. cit.," 15).

21. A sect which existed chiefly in Africa for about a century (311-411).

22. Rom., i. 8.

23. Mark. xvi. 15.

24. Gal., iii. 28.

25. Matt., xxviii. 20.

26. I Cor., iii. 11.

27. Apoc., xxi. 14.

28. As it is spoken of by Our Lord: "And I say to thee that thou art Peter; and upon this rock I will build My

Church, and the gates of hell shall not prevail against it" (Matt., xvi. 18).

31. Tim., iii. 8.

29. That is, enemies of the Church who in one or other ways resisted the authority or teachings of the Church.

32. Prov., xviii. 10.

33. Matt., xvi. 18.

30. Matt., xxi. 44.

34. Luke, xxii. 32.

#### THE TENTH ARTICLE: "The Communion of Saints, the Forgiveness of Sins."

As in our natural body the operation of one member works for the good of the entire body, so also is it with a spiritual body, such as is the Church. Because all the faithful are one body, the good of one member is communicated to another: "And every one members, one of another." [1] So, among the points of faith which the Apostles have handed down is that there is a common sharing of good in the Church. This is expressed in the words, "the Communion of Saints." [2] Among the various members of the Church, the principal member is Christ, because He is the Head: "He hath made Him head over all the Church, which is His body." [3] Christ communicates His good, just as the power of the head is communicated to all the members.

#### THE SEVEN SACRAMENTS: A REVIEW

This communication takes place through the Sacraments of the Church in which operate the merits of the passion of Christ, which in turn operates for the conferring of grace unto the remission of sins. These Sacraments of the Church are seven in number.

"Baptism."--The first is Baptism which is a certain spiritual regeneration. Just as there can be no physical life unless man is first born in the flesh, so spiritual life or grace cannot be had unless man is spiritually reborn. This rebirth is effected through Baptism: "Unless a man be born again of water and the Holy Ghost, he cannot enter into the kingdom of God." [4] It must be known that, just as a man can be born but once, so only once is he baptized. Hence, the holy Fathers put into the Nicene Creed: "I confess one baptism." The power of Baptism consists in this, that it cleanses from all sins as regards both their guilt and their punishment. For this reason no penance is imposed on those who are baptized, no matter to what extent they had been sinners. Moreover, if they should die immediately after Baptism, they would without delay go to heaven. Another result is that, although only priests "ex officio" may baptize, yet any one may baptize in case of necessity, provided that the proper form of Baptism is used. This is: "I baptize thee in the name of the Father, and of the Son, and of the Holy Ghost." This Sacrament receives its power from the passion of Christ. "All we who are baptized in Christ Jesus are baptized in His death." [5] Accordingly there is a threefold immersion in water after the three days in which Christ was in the sepulchre. [6]

"Confirmation."--The second Sacrament is Confirmation. Just as they who are physically born need certain powers to act, so those who are reborn spiritually must have the strength of the Holy Spirit which is imparted to them in this Sacrament. In order that they might become strong, the Apostles received the Holy Spirit after the Ascension of Christ: "Stay you in the city till you be endowed with power from on high." [7] This power is given in the Sacrament of Confirmation. They, therefore, who have the care of children should be very careful to see that they be confirmed, because great grace is conferred in Confirmation. He who is confirmed will, when he dies, enjoy greater glory than one not confirmed, because greater grace will be his.

"Holy Eucharist."--The Eucharist is the third Sacrament. In the physical life, after man is born and acquires powers, he needs food to sustain and strengthen him. Likewise in the spiritual life, after being fortified, he has need of spiritual food; this is the Body of Christ: "Except you eat the flesh of the Son of man and drink His blood, you shall not have life in you" [8] According to the prescribed law of the Church, therefore, every Christian must at least once a year receive the Body of Christ,

and in a worthy manner and with a clean conscience: "For he that eateth and drinketh unworthily [that is, by being conscious of unconfessed mortal sin on his soul, or with no intent to abstain from it] eateth and drinketh judgment to himself." [9]

"Penance."--The fourth Sacrament is Penance. In the physical life, one who is sick and does not have recourse to medicine, dies; so in the spiritual order, one becomes ill because of sin. Thus, medicine is necessary for recovery of health; and this is the grace which is conferred in the Sacrament of Penance: "Who forgiveth all thy iniquities; who healeth all thy diseases." [10] Three things must be present in the Sacrament of Penance: contrition, which is sorrow for sin together with a resolution not to sin again; confession of sins, as far as possible entire; and satisfaction which is accomplished by good works.

"Extreme Unction."--Extreme Unction is the fifth Sacrament. In this life there are many things which prevent one from a perfect purification from one's sins. But since no one can enter into eternal life until he is well cleansed, there is need of another Sacrament which will purify man of his sins, and both free him from sickness and prepare him for entry into the heavenly kingdom. This is the Sacrament of Extreme Unction. That this Sacrament does not always restore health to the body is due to this, that perhaps to live is not to the advantage of the soul's salvation. "Is any man sick amongst you? Let him bring in the priests of the Church and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith shall save the sick man. And the Lord shall raise him up; and if he be in sins, they shall be forgiven him." [11] It is now clear that the fullness of life is had from these five Sacraments.

"Holy Orders."--It is necessary that these Sacraments be administered by chosen ministers. Therefore, the Sacrament of Orders is necessary, by whose powers these Sacraments are dispensed. Nor need one note the life of such ministers, if here and there one fail in his office, but remember the virtue of Christ through whose merits the Sacraments have their efficacy, and in whose Name the ministers are but dispensers: "Let a man so account of us as of the ministers of Christ and the dispensers of the mysteries of God." [12] This then is the sixth Sacrament, namely, Orders.

"Matrimony."--The seventh Sacrament is Matrimony, and in it men, if they live uprightly, are saved; and thereby they are enabled to live without mortal sin. Sometimes the partners in marriage fall into venial sin, when their concupiscence does not extend beyond the rights of matrimony; but if they do go beyond such rights, they sin mortally. [13]

## THE FORGIVENESS OF SINS

By these seven Sacraments we receive the remission of sins, [14] and so in the Creed there follows immediately: "the forgiveness of sins." The power was given to the Apostles to forgive sins. We must believe that the ministers of the Church receive this power from the Apostles; and the Apostles received it from Christ; and thus the priests have the power of binding and loosing. Moreover, we believe that there is the full power of forgiving sins in the Church, although it operates from the highest to the lowest, i.e., from the Pope down through the prelates. [15]

## THE COMMUNION OF SAINTS

We must also know that not only the efficacy of the Passion of Christ is communicated to us, but also the merits of His life; and, moreover, all the good that all the Saints have done is communicated to all who are in the state of grace, because all are one: "I am a partaker of all them that fear Thee." [16] Therefore, he who lives in charity participates in all the good that is done in the entire world; but more specially does he benefit for whom some good work is done; since one man certainly can satisfy for another. [17] Thus, through this communion we receive two benefits. One is that the merits of Christ are communicated to all; the other is that the good of one is communicated

to another. Those who are excommunicated, however, because they are cut off from the Church, forfeit their part of all the good that is done, and this is a far greater loss than being bereft of all material things. There is a danger lest the devil impede this spiritual help in order to tempt one; and when one is thus cut off, the devil can easily overcome him. Thus it was in the primitive Church that, when one was excommunicated, the devil even physically attacked him.[18]

(For "Questions for Discussion" see Chapter 6.)

## ENDNOTES

1. Rom., xii. 5.

2. "The evangelist St. John, writing to the faithful on the divine mysteries, tells them that he undertook to instruct them on the subject; 'that you,' he says, 'may have fellowship with us, and our fellowship be with the Father and with His Son, Jesus Christ' (I John, i. 3). Now, this fellowship consists in the Communion of Saints. . . This Article is, as it were, a sort of explanation of the preceding one, which takes up the unity, sanctity, and catholicity of the Church. For the unity of the Spirit, by which she is governed, establish among all her members a community of spiritual blessings, whereas the fruit of all the Sacraments, particularly Baptism, the door, as it were, by which we are admitted into the Church, are so many connecting links which bind and unite them to Jesus Christ." The "Roman Catechism" makes the Communion of Saints the last part of the Ninth Article of the Creed; and the Tenth Article is the forgiveness of Sins ("Roman Catechism," "loc. cit.," 24-25).

3. Eph. i. 22.

4. John iii. 5.

5. Rom., vi. 3.

6. Immersion is the act of dipping or plunging the subject into the water used in the administration of Baptism. It was a method generally employed in the early Church, and was still in vogue at the time of St. Thomas. The Greek Church still retains it; but though valid, for obvious reasons immersion is practically no longer employed in the Latin Church. It is practised by some sects to-day in America.

7. Luke, xxiv. 49.

8. John, vi. 54

9. I Cor., xi. 29.

10. Ps. cii. 3.

11. James, v. 14-15.

12. Cor., iv. 1.

13. See the "Explanation of the Sacraments," p. 130; and "The Commandments." p. 99.

14. Baptism and Penance are called Sacraments of the dead, because they take away sin and give the first grace of justification. The other five Sacraments are called Sacraments of the living, because one who receives them worthily is already living the life of grace. But the Sacraments of the living produce the first grace when the subject, guilty of a grievous fault, approaches the Sacraments in good faith, that is to say, with the invincible ignorance of his fault, and with attrition (cfr. Pourrat, "Theology of the Sacraments," St. Louis, 1914, p. 201).

15. "For Our Lord did not give the power of so sacred a ministry to all, but to bishops and priests only. The same must be said regarding the manner in which the power is to be exercised; for sin can be forgiven only through the Sacraments, when duly administered. The Church has received no power otherwise to remit sins. Hence it follows that in the forgiveness of sins both priests and Sacraments are, as it were, the instruments which Christ, Our Lord, the Author and giver of salvation, make use of to accomplish in us pardon of sin and the grace of justification" ("Roman Catechism." loc. cit., 6).

16. Ps. cxviii. 63.

17. "But there is also another Communion in the Church which demands attention; every pious and holy action done by one belongs to and becomes profitable to all, through charity which 'seeks not her own' " ("Roman Catechism," "loc. cit.," 25).

18. "The advantage of so many and such exalted blessings bestowed by Almighty God are especially enjoyed by those who lead a Christian life in charity and are just and beloved of God" ("Roman Catechism," "loc. cit.," 26).

## THE ELEVENTH ARTICLE: "The Resurrection of the Body."

Not only does the Holy Spirit sanctify the Church as regards the souls of its members, but also our bodies shall rise again by His power: "We believe in Him that raised up Jesus Christ, Our Lord, from the dead." [1] And: "By a man came death: and by a Man the resurrection of the dead." [2] In



this there occur four considerations: (1) the benefits which proceed from our faith in the resurrection; (2) the qualities of those who shall rise, taken all in general; (3) the condition of the blessed; (4) the condition of the damned.

## THE BENEFITS OF THE RESURRECTION

Concerning the first, our faith and hope in the resurrection is beneficial in four ways. Firstly, it takes away the sorrow which we feel for the departed. It is impossible for one not to grieve over the death of a relative or friend; but the hope that such a one will rise again greatly tempers the pain of parting: "And we will not have you ignorant, brethren, concerning them that are asleep, that you be not sorrowful, even as others who have no hope." [3]

Secondly, it takes away the fear of death. If one does not hope in another and better life after death, then without doubt one is greatly in fear of death and would willingly commit any crime rather than suffer death. But because we believe in another life which will be ours after death, we do not fear death, nor would we do anything wrong through fear of it: "That, through death He might destroy him who had the empire of death, that is to say, the devil. And might deliver them who through fear of death were all their lifetime subject of servitude." [4]

Thirdly, it makes us watchful and careful to live uprightly. If, however, this life in which we live were all, we would not have this great incentive to live well, for whatever we do would be of little importance, since it would be regulated not by eternity, but by brief, determined time. But we believe that we shall receive eternal rewards in the resurrection for whatsoever we do here. Hence, we are anxious to do good: "If in this life only we have hope in Christ, we are of all men most miserable." [5]

Finally, it withdraws us from evil. Just as the hope of reward urges us to do good, so also the fear of punishment, which we believe is reserved for wicked deeds, keeps us from evil: "But they that have done good things shall come forth unto the resurrection of life; but they that have done evil, unto the resurrection of judgment." [6]

## QUALITIES OF THE RISEN BODIES

There is a fourfold condition of all those who shall take part in the resurrection.

(a) The Identity of the Bodies of the Risen.--It will be the same body as it is now, both as regards its flesh and its bones. Some, indeed, have said that it will not be this same body which is corrupted that shall be raised up; but such view is contrary to the Apostle: "For this corruptible must put on incorruption." [7] And likewise the Sacred Scripture says that by the power of God this same body shall rise to life: "And I shall be clothed again with my skin; and in my flesh I shall see my God." [8]

(b) The Incorruptibility of the Risen Bodies.--The bodies of the risen shall be of a different quality from that of the mortal body, because they shall be incorruptible, both of the blessed, who shall be ever in glory, and of the damned, who shall be ever in punishments: "For this corruptible must put on incorruption; and this mortal must put on immortality." [9] And since the body will be incorruptible and immortal, there will no longer be the use of food or of the marriage relations: "For in the resurrection they shall neither marry nor be married, but shall be as the Angels of God in heaven." [10] This is directly against the Jews and Mohammedans: "Nor shall he return any more into his house." [11]

(c) The Integrity of the Risen Bodies.--Both the good and the wicked shall rise with all soundness of body which is natural to man. He will not be blind or deaf or bear any kind of physical defect:

"The dead shall rise again incorruptible,"[12] this is to mean, wholly free from the defects of the present life.[13]

(d) The Age of the Risen Bodies.--All will rise in the condition of perfect age, which is of thirty-two or thirty-three years. This is because all who were not yet arrived at this age, did not possess this perfect age, and the old had already lost it. Hence, youths and children will be given what they lack, and what the aged once had will be restored to them: "Until we all attain the unity of faith and of the knowledge of the Son of God, unto a perfect man, unto the measure of the age of the fullness of Christ."[14]

#### CONDITION OF THE BLESSED

It must be known that the good will enjoy a special glory because the blessed will have glorified bodies which will be endowed with four gifts.

(a) Brilliance.--"Then shall the just shine as the sun in the kingdom of their Father."[15]

(b) Impassibility (i.e., Incapability of Receiving Action).--"It is sown in dishonor; it shall rise in glory." 16 "And God shall wipe away all tears from their eyes; and death shall be no more. Nor mourning, nor crying, nor sorrow shall be anymore, for the former things are passed away."[17]

(c) Agility.--"The just shall shine and shall run to and fro like sparks among the reeds."[18]

(d) Subtily.--"It is sown a natural body; it shall rise a spiritual body."[19] This is in the sense of not being altogether a spirit, but that the body will be wholly subject to the spirit.

#### CONDITION OF THE DAMNED

It must also be known that the condition of the damned will be the exact contrary to that of the blessed. Theirs is the state of eternal punishment, which has a fourfold evil condition. The bodies of the damned will not be brilliant: "Their countenances shall be as faces burnt." 20 Likewise they shall be passible, because they shall never deteriorate and, although burning eternally in fire, they shall never be consumed: "Their worm shall not die and their fire shall not be quenched."[21] They will be weighed down, and the soul of the damned will be as it were chained therein: "To bind their kings with fetters, and their nobles with manacles of iron."[22] Finally, they will be in a certain manner fleshly both in soul and body: "The beasts have rotted in their dung."[23]

(For "Questions for Discussion" see Chapter 6.)

#### ENDNOTES

1. Rom., iv. 24.

2. I Cor., xv. 21. "In this Article the resurrection of mankind is called 'the resurrection of the body.' The Apostles had for object thus to convey an important truth, the immortality of the soul. Lest, therefore, contrary to the Sacred Scripturess, which in many places clearly teach the soul to be immortal, any one may imagine that it dies with the body, and denies that both are to be raised up, the Creed speaks only of 'the resurrection of the body' " ("Roman Catechism," Eleventh Article, 2).

3. I Thess., iv. 12.

4. Heb., ii. 14.

5. I Cor., xv. 19.

6. John, v. 29

7. I Cor., xv. 53.

8. Job, xix. 26. "The identical body which belongs to each one of us during life shall, though corrupt, and dissolved into its original dust, be raised up again to life. . . . Man is, therefore, to rise again in the same body with which he served God, or was a slave to the

devil that in the same body he may experience rewards and a crown of victory, or endure the severest punishments and everlasting torments" ("Roman Catechism," "loc. cit.," 7).

9. I Cor., xv. 53

10. Matt., xxii. 30.

11. Job. vii. 10. "To omit many other points, the chief difference between the state of all bodies when risen from the dead, and what they had previously been, is that before the resurrection they were subject to dissolution; but when reanimated they shall all, without distinction of good and bad, be invested with immortality. This marvellous restoration of nature is the result of the glorious victory of Christ over death" ("Roman Catechism," "loc. cit.," 12).

12. I Cor., xv. 52.

13. "Not only will the body rise, but it will rise endowed with whatever constitutes the reality of its nature and adorns and ornaments man. . . . The members, because essential to the integrity of human nature, shall all be restored. . . . For the resurrection like the creation, is clearly to be accounted among the chief works of God. And as at the creation all things came perfect from the hand of God, so at the resurrection all things shall be perfectly restored by the same omnipotent hand" ("Roman Catechism," "loc. cit.," 9).

14. Eph., iv. 13.

15. Matt., xiii. 43. "This brightness is a sort of refulgence reflected from the supreme happiness of the

soul; it is an emanation of the beatitude which it enjoys and which shines through the body. Its communication is like to the manner in which the soul itself is made happy, by a participation of the happiness of God" ("Roman Catechism," "loc. cit.," 13).

16. I Cor., xv. 43

17. Apoc., xxi. 4. "The first is 'impassibility,' which shall place them beyond the reach of pain or inconvenience of any sort. . . . This quality the Scholastics called 'impassibility,' not incorruption, in order to distinguish it as a property peculiar to a glorified body. The bodies of the damned shall not be impassible, though incorruptible; they shall be capable of experiencing heat and cold and of feeling pain." ("Roman Catechism," "ibid.,").

18. Wis., iii. 7. "Agility, as it is called, is a quality by which the body shall be freed from the heaviness that now presses it down; and shall acquire a capability of moving with the utmost ease and quickness wheresoever the soul pleases" ("Roman Catechism," "ibid.,").

19. I Cor., xv. 44. "Another quality is that of subtility, a quality which subjects the body to the absolute dominion of the soul, and to an entire obedience to her control" ("Roman Catechism," "ibid.,").

20. Isa., xiii. 8.

21. "Ibid., lxvi. 24.

22. Ps. cxlix. 8.

23. Joel, i. 17.

#### THE TWELFTH ARTICLE: "Life everlasting. Amen."

The end of all our desires, eternal life, is fittingly placed last among those things to be believed; and the Creed says: "life everlasting. Amen." They wrote this to stand against those who believe that the soul perishes with the body. If this were indeed true, then the condition of man would be just the same as that of the beasts. This agrees with what the Psalmist says: "Man when he was in honour did not understand; he hath been compared to senseless beasts, and made like to them." [1] The human soul, however, is in its immortality made like unto God, and in its sensuality alone is it like the brutes. He, then, who believes that the soul dies with the body withdraws it from this similarity to God and likens it to the brutes. Against such it is said: "They knew not the secrets of God, nor hoped for the wages of justice, nor esteemed the honour of holy souls. For God created man incorruptible, and to the image of His own likeness He made him." [2]

#### WHAT IS EVERLASTING LIFE?

We must first consider in this Article what is everlasting life. And in this we must know that in everlasting life man is united to God. God Himself is the reward and the end of all our labors: "I am thy protector, and thy reward exceeding great." [3] This union with God consists, firstly, in a perfect vision: "We see now through a glass in a dark manner; but then face to face." [4] Secondly, in a most fervent love; for the better one is known, the more perfectly is one loved: "The Lord hath said it, whose fire is in Sion, and His furnace in Jerusalem." [5] Thirdly, in the highest praise. "We shall

see, we shall love, and we shall praise," as says St. Augustine.[6] "Joy and gladness shall be found therein, thanksgiving and the voice of praise."[7]

Then, too, in everlasting life is the full and perfect satisfying of every desire; for there every blessed soul will have to overflowing what he hoped for and desired. The reason is that in this life no one can fulfill all his desires, nor can any created thing fully satisfy the craving of man. God only satisfies and infinitely exceeds man's desires; and, therefore, perfect satiety is found in God alone. As St. Augustine says: "Thou hast made us for Thee, O Lord, and our heart is restless until it rests in Thee."[8] Because the blessed in the Fatherland will possess God perfectly, it is evident that their desires will be abundantly filled, and their glory will exceed their hopes. The Lord has said: "Enter thou into the joy of the Lord."[9] And as St. Augustine says: "Complete joy will not enter into those who rejoice, but all those who rejoice will enter into joy." "I shall be satisfied when Thy glory shall appear."[10] And again: "Who satisfieth thy desire with good things."[11]

### THE FULLNESS OF DESIRES

Whatever is delightful will be there in abundant fullness. Thus, if pleasures are desired, there will be the highest and most perfect pleasure, for it derives from the highest good, namely, God: "Then shalt thou abound in delights in the Almighty."[12] "At the right hand are delights even to the end."[13] Likewise, if honors are desired, there too will be all honour. Men wish particularly to be kings, if they be laymen; and to be bishops, if they be clerics. Both these honors will be there: "And hath made us a kingdom and priests."[14] "Behold how they are numbered among the children of God."[15] If knowledge is desired, it will be there most perfectly, because we shall possess in the life everlasting knowledge of all the natures of things and all truth, and whatever we desire we shall know. And whatever we desire to possess, that we shall have, even life eternal: "Now, all good things come to me together with her."[16] "To the just their desire shall be given."[17]

Again, most perfect security is there. In this world there is no perfect security; for in so far as one has many things, and the higher one's position, the more one has to fear and the more one wants. But in the life everlasting there is no anxiety, no labor, no fear.

"And My people shall sit in the beauty of peace,"[18] and "shall enjoy abundance, without fear of evils."[19]

Finally, in heaven there will be the happy society of all the blessed, and this society will be especially delightful. Since each one will possess all good together with the blessed, and they will love one another as themselves, and they will rejoice in the others' good as their own. It will also happen that, as the pleasure and enjoyment of one increases, so will it be for all: "The dwelling in thee is as it were of all rejoicing."[20]

### WHAT IS EVERLASTING DEATH?

The perfect will enjoy all this in the life everlasting, and much more that surpasses description. But the wicked, on the other hand, will be in eternal death suffering pain and punishment as great as will be the happiness and glory of the good. The punishment of the damned will be increased, firstly, by their separation from God and from all good. This is the pain of loss which corresponds to aversion, and is a greater punishment than that of sense: "And the unprofitable servant, cast ye out into the exterior darkness."[21] The wicked in this life have interior darkness, namely sin; but then they shall also have exterior darkness.

Secondly, the damned shall suffer from remorse of conscience: "I will reprove thee, and set before thy face."[22] "Groaning for anguish of spirit."[23] Nevertheless, their repentance and groaning will be of no avail, because it rises not from hatred of evil, but from fear and the enormity of their

punishments. Thirdly, there is the great pain of sense. It is the fire of hell which tortures the soul and the body; and this, as the Saints tell us, is the sharpest of all punishments. They shall be ever dying, and yet never die; hence it is called eternal death, for as dying is the bitterest of pains, such will be the lot of those in hell: "They are laid in hell like sheep; death shall feed upon them." [24] Fourthly, there is the despair of their salvation. If some hope of delivery from their punishments would be given them, their punishment would be somewhat lessened; but since all hope is withdrawn from them, their sufferings are made most intense: "Their worm shall not die, and their fire shall not be quenched." [25]

We thus see the difference between doing good and doing evil. Good works lead to life, evil drags us to death. For this reason, men ought frequently to recall these things to mind, since they will incite one to do good and withdraw one from evil. Therefore, very significantly, at the end of the Creed is placed "life everlasting," so that it would be more and more deeply impressed on the memory. To this life everlasting may the Lord Jesus Christ, blessed God for ever, bring us! Amen.

(For "Questions for Discussion" see Chapter 6.)

## ENDNOTES

1. Ps. xlvi. 21.

2. Wis., ii. 22-23. Note also: "And though in the sight of men they suffer torments their hope is full of immortality" ("ibid.," iii. 4).

3. Gen., xv. 1.

4. I Cor., xiii. 12. "The blessed always see God present, and by this greatest and most exalted of gifts, 'being made partakers of the divine nature' (II Peter, i. 4), they enjoy true and solid happiness" ("Roman Catechism," Twelfth Article, 9)

5. Isa., xxxi. 9. Note: This second consideration is found in the vives edition Chapter XV

6. "Ibi vacabimus, et videbimus: videbimus, et amabimus: amabimus, et laudabimus" ("There we shall rest and we shall see; we shall see and we shall love; we shall love and we shall praise," in "The city of God," Book XXII, Chapter xxx).

7. Isa., li. 3.

8. "Confessions," Book I, 1.

9. Matt., xxv. 21.

10. Ps. xvi. 15.

11. Ps. cii. 5.

12. Job, xxii. 26.

13. Ps. xv. 11. "To enumerate all the delights with which the souls of the blessed will be filled, would be an endless task. We cannot even conceive them in thought. The happiness of the Saints is filled to overflowing of all those pleasures which can be enjoyed or even desired in this life, whether they pertain to the powers of the mind or the perfection of the body" ("Roman Catechism," "loc. cit.," 12).

14. Apoc., v. 10

15. Wis., v. 5. "How distinguished that honour must be which is conferred by God Himself, who no longer calls them servants, but friends, brethren, and sons of God. Hence, the Redeemer will address His elect in these infinitely loving and highly honorable words: 'Come, ye blessed of My Father, possess you the kingdom prepared for you' " ("Roman Catechism." "loc. cit.," 11).

16. Wis., vii. 11.

17. Prov., x. 24.

18. Isa., xxxii. 10. This is in the Vives edition, Chapter XV.

19. Prov., i. 33.

20. Ps. lxxxvi. 7.

21. Matt., xxv. 30.

24. Ps. xlviii. 15.

22. Ps. xlix. 21.

25. Isa., lxvi. 24.

23. Wis., v. 3.

## EXPLANATION OF THE TEN COMMANDMENTS

### THE TEN COMMANDMENTS

I. I am the Lord thy God, who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt not have strange gods before Me. Thou shalt not make to thyself a graven thing, nor the likeness of any thing that is in heaven above, or in the earth beneath, nor of those things that are in the waters under the earth. Thou shalt not adore them, nor serve them. I am the Lord thy God, mighty, jealous, visiting the iniquity of the fathers upon the children, unto the third and fourth generation of them that hate Me; and showing mercy unto thousands of them that love Me, and keep My commandments.

II. Thou shalt not take the name of the Lord thy God in vain.

III. Remember that thou keep holy the Sabbath day.

IV. Honour thy father and thy mother.

V. Thou shalt not kill.

VI. Thou shalt not commit adultery.

VII. Thou shalt not steal.

VIII. Thou shalt not bear false witness against thy neighbour.

IX. Thou shalt not covet thy neighbour's wife.

X. Thou shalt not covet thy neighbour's house, nor his field, nor his servant, nor his handmaid, nor his ox, nor his ass, nor anything that is his.[1]

#### ENDNOTE

1. Exod., xx. 2-17, and Deut., v. 6-21.

**THE FIRST COMMANDMENT: "Thou Shalt Not Have Strange Gods Before Me."**

The entire law of Christ depends upon charity. And charity depends on two precepts, one of which concerns loving God and the other concerns loving our neighbour.

Now God, in delivering the law to Moses, gave him Ten Commandments written upon two tablets of stone. Three of these Commandments that were written on the first tablet referred to the love of God; and the seven Commandments written on the other tablet related to the love of our neighbour. The whole law, therefore, is founded on these two precepts.[1]

The First Commandment which relates to the love of God is: "Thou shalt not have strange gods." For an understanding of this Commandment, one must know how of old it was violated. Some

worshipped demons. "All the gods of the Gentiles are devils." [2] This is the greatest and most detestable of all sins. Even now there are many who transgress this Commandment: all such as practise divinations and fortune-telling. Such things, according to St. Augustine, cannot be done without some kind of pact with the devil. "I would not that you should be made partakers with devils." [3]

Some worshipped the heavenly bodies, believing the stars to be gods: "They have imagined the sun and the moon to be the gods that rule the world." [4] For this reason Moses forbade the Jews to raise their eyes, or adore the sun and moon and stars: "Keep therefore your souls carefully . . . lest perhaps lifting up thy eyes to heaven, thou see the sun and the moon, and all the stars of heaven, and being deceived by error thou adore and serve them, which the Lord thy God created for the service of all the nations." [5] The astrologers sin against this Commandment in that they say that these bodies are the rulers of souls, when in truth they were made for the use of man whose sole ruler is God.

Others worshipped the lower elements: "They imagined the fire or the wind to be gods." [6] Into this error also fall those who wrongly use the things of this earth and love them too much: "Or covetous person (who is a server of idols)." [7]

Some men have erred in worshipping their ancestors. This arose from three causes.

(1) From Their Carnal Nature.--"For a father being afflicted with a bitter grief, made to himself the image of his son who was quickly taken away; and him who then had died as a man, he began now to worship as a god, and appointed him rites and sacrifices among his servants." [8]

(2) Because of Flattery.--Thus being unable to worship certain men in their presence, they, bowing down, honoured them in their absence by making statues of them and worshipping one for the other: "Whom they had a mind to honour . . . they made an image . . . that they might honour as present him that was absent." [9] Of such also are those men who love and honour other men more than God: "He that loveth his father and mother more than Me, is not worthy of Me." [10] "Put your trust not in princes; in the children of man, in whom there is no salvation." [11]

(3) From Presumption.--Some because of their presumption made themselves be called gods; such, for example, was Nabuchodonosor (Judith, iii. 13). "Thy heart is lifted up and thou hast said: I am God." [12] Such are also those who believe more in their own pleasures than in the precepts of God. They worship themselves as gods, for by seeking the pleasures of the flesh, they worship their own bodies instead of God: "Their god is their belly." [13] We must, therefore, avoid all these things.

## WHY WE SHOULD ADORE ONE GOD

"Thou shalt not have strange gods before Me." As we have already said, the First Commandment forbids us to worship other than the one God. We shall now consider five reasons for this.

God's Dignity.--The first reason is the dignity of God which, were it belittled-in any way, would be an injury to God. We see something similar to this in the customs of men. Reverence is due to every degree of dignity. Thus, a traitor to the king is he who robs him of what he ought to maintain. Such, too, is the conduct of some towards God: "They changed the glory of the incorruptible God into the likeness of the image of a corruptible man." [14] This is highly displeasing to God: "I will not give My glory to another, nor My praise to graven things." [15] For it must be known that the dignity of God consists in His omniscience, since the name of God, Deus, is from "seeing," and this is one of the signs of divinity: "Show the things that are to come hereafter, and we shall know that ye are gods." [16] "All things are naked and open to His eyes." [17] But this dignity of God is denied Him

by practitioners of divination, and of them it is said: "Should not the people seek of their God, for the living and the dead?"[18]

God's Bounty.--We receive every good from God; and this also is of the dignity of God, that He is the maker and giver of all good things: "When Thou openest Thy hand, they shall all be filled with good."[13] And this is implied in the name of God, namely, Deus, which is said to be distributor, that is, "dator" of all things, because He fills all things with His goodness. You are, indeed, ungrateful if you do not appreciate what you have received from Him, and, furthermore, you make for yourself another god; just as the sons of Israel made an idol after they had been brought out of Egypt: "I will go after my lovers."[20] One does this also when one puts too much trust in someone other than God, and this occurs when one seeks help from another: "Blessed is the man whose hope is in the name of the Lord."[21] Thus, the Apostle says: "Now that you have known God . . . how turn you again to the weak and needy elements? . . . You observe days and months and times and years."[22]

The Strength of Our Promise.--The third reason is taken from our solemn promise. For we have renounced the devil, and we have promised fidelity to God alone. This is a promise which we cannot break: "A man making void the law of Moses dieth without mercy under two or three witnesses. How much more think ye he deserveth punishment who hath trodden under foot the Son of God, and hath esteemed the blood of the testament unclean, by which he was sanctified, and hath offered an affront to the Spirit of grace!"[23] "Whilst her husband liveth, she shall be called an adulteress, if she be with another man."[24] Woe, then, to the sinner who enters the land by two ways, and who "halts between two sides."[25]

Against Service of the Devil.--The fourth reason is because of the great burden imposed by service to the devil: "You shall serve strange gods day and night, who will give you no rest."[26] The devil is not satisfied with leading to one sin, but tries to lead on to others: "Whosoever sins shall be a slave of sin."[27] It is, therefore, not easy for one to escape from the habit of sin. Thus, St. Gregory says: "The sin which is not remitted by penance soon draws man into another sin."[28] The very opposite of all this is true of service to God; for His Commandments are not a heavy burden: "My yoke is sweet and My burden light."[29] A person is considered to have done enough if he does for God as much as what he has done for the sake of sin: "For as you have yielded your members to serve uncleanness and iniquity, unto iniquity; so now yield your members to serve justice unto sanctification."[30] But on the contrary, it is written of those who serve the devil: "We wearied ourselves in the way of iniquity and destruction, and have walked through hard ways."[31] And again: "They have laboured to commit iniquity."[32]

Greatness of the Reward.--The fifth reason is taken from the greatness of the reward or prize. In no law are such rewards promised as in the law of Christ. Rivers flowing with milk and honey are promised to the Mohammedans, to the Jews the land of promise, but to Christians the glory of the Angels: "They shall be as the Angels of God in heaven."[33] It was with this in mind that St. Peter asked: "Lord, to whom shall we go? Thou hast the words of eternal life."[34]

(For "Questions for Discussion" see Chapter 6.)

## ENDNOTES

1. "The Decalogue is the summary and epitome of the entire law of God," is the opinion of St. Augustine (Quest. cxl super Exod., lib. ii). "Although the Lord had spoken many things, yet He gave only two tablets of stone to Moses. . . . If carefully examined and well understood, it will be found that on them depend whatever else is commanded by God. Again, these ten commandments are reducible to two, the love of God and our neighbour, on which 'depend the whole law and the prophets' " ("Roman Catechism," "The Decalogue," Chapter I, 1).



2. Ps. xcvi. 5
3. I Cor., x. 20.
4. Wis., xiii. 2.
5. Deut., iv. 15, 19.
6. Wis., xiii. 2.
7. Eph., v. 5.
8. Wis., xiv. 15.
9. "Ibid.," 17.
10. Matt., x. 37.
11. Ps. cxlv. 3.
12. Ezech., xxviii. 2.
13. Phil., iii. 19.
14. Rom., i. 23.
15. Isa., xlii. 8.
16. "Ibid.," xli. 23.
17. Heb., iv. 13.
18. Isa., viii. 19.
19. Ps. ciii. 28.
20. Osee, ii. 5.
21. Ps. xxxix. 5.
22. Gal., iv. 9, 10.
23. Heb., x. 28-29.
24. Rom., vii. 3.
25. III Kings, xviii. 21.
26. Jerem., xvi. 13.
27. John, viii.

28. "Super Ezech.," xi.

29. Matt., xi. 30.

30. Rom., vi. 19.

31. Wis., v. 7.

32. Jerem., ix. 5.

33. Matt., xxii, 30.

34. John, vi. 69. "The faithful should continually remember these words, 'I am the Lord thy God.' They will learn from these words that their Lawgiver is none other than their Creator, by whom they were made and are preserved. . . . 'Who brought thee out of the land of Egypt, out of the house of bondage' appear at first to relate solely to the Jews liberated from the bondage of Egypt. But if we ponder on the meaning of the salvation of the entire human race, these words will be seen to apply still more specifically to all Christians who are liberated by God, not from the bondage of Egypt, but from the bondage of sin and 'the powers of darkness, and are translated into the kingdom of His beloved Son' (Col., i. 13). . . . And when it is said, 'Thou shalt not have strange gods before Me,' it is the same as to say: 'Thou shalt worship Me who am the true God, thou shalt not worship strange gods.' . . . It should be accurately taught that the veneration and invocation of the Angels, of the Saints, and of the blessed souls who enjoy the glory of heaven--and, moreover, the honour which the Catholic Church has always paid even to the bodies and ashes of the Saints--are not forbidden by this Commandment" ("Roman Catechism," "First Commandment," 1, 2, 5, 8).

SECOND COMMANDMENT: "Thou Shalt Not Take the Name of the Lord Thy God in Vain."

This is the Second Commandment of the law. Just as there is but one God whom we must worship, so there is only one God whom we should reverence in a special manner. This, first of all, has reference to the name of God. "Thou shalt not take the name of the Lord thy God in vain." [1]

#### THE MEANING OF IN VAIN

"In vain" has a threefold meaning. Sometimes it is said of that which is false: "They have spoken vain things every one to his neighbour." [2] One, therefore, takes the name of God in vain when one uses it to confirm that which is not true: "Love not a false oath." [3] "Thou shalt not live because thou hast spoken a lie in the name of the Lord." [4] Any one so doing does injury to God, to himself, and to all men.

It is an insult to God because, when you swear by God, it is nothing other than to call Him to witness; and when you swear falsely, you either believe God to be ignorant of the truth and thus place ignorance in God, whereas "all things are naked and open to His eyes," [5] or you think that God loves a lie, whereas He hates it: "Thou wilt destroy all that speak a lie." [6] Or, again, you detract from His power, as if He were not able to punish a lie.

Likewise, such a one does an injury to himself, for he binds himself to the judgement of God. It is the same thing to say, "By God this is so," as to say, "May God punish me if it is not so!"

He, finally, does an injury to other men. For there can be no lasting society unless men believe one another. Matters that are doubtful may be confirmed by oaths: "An oath in confirmation puts an end to all controversy." [7] Therefore, he who violates this precept does injury to God, is cruel to himself, and harmful to other men.

Sometimes "vain" signifies useless: "The Lord knoweth the thoughts of men, that they are vain." [8] God's name, therefore, is taken in vain when it is used to confirm vain things.

In the Old Law it was forbidden to swear falsely: "Thou shalt not take the name of the Lord thy God in vain." [9] And Christ forbade the taking of oaths except in case of necessity: "You have heard that it was said to them of old: Thou shalt not forswear thyself. . . . But I say to you not to swear at all." [10] And the reason for this is that in no part of our body are we so weak as in the tongue, for "the tongue no man can tame." [11] And thus even in light matter one can perjure himself. "Let your speech be: Yea, yea; No, no. But I say to you not to swear at all." [12]

Note well that an oath is like medicine, which is never taken continually but only in times of necessity. Hence, the Lord adds: "And that which is over and above these is evil." [13] "Let not the mouth be accustomed to swearing, for in it there are many falls. And let not the name of God be usual in thy mouth, and meddle not with the names of saints. For thou shalt not escape free from them." [14]

Sometimes "in vain" means sin or injustice: "O ye sons of men, how long will you be dull of heart? Why do you love vanity?" [15] Therefore, he who swears to commit a sin, takes the name of his God in vain. Justice consists in doing good and avoiding evil. Therefore, if you take an oath to steal or commit some crime of this sort, you sin against justice. And although you must not keep this oath, you are still guilty of perjury. Herod did this against John. [16] It is likewise against justice when one swears not to do some good act, as not to enter a church or a religious community. And although this oath, too, is not binding, yet, despite this, the person himself is a perjurer.

#### CONDITIONS OF A LAWFUL OATH

One cannot, therefore, swear to a falsehood, or without good reason, or in any way against justice: "And thou shalt swear: As the Lord liveth, in truth, and in judgement and in justice." [17]

Sometimes "vain" also means foolish: "All men are vain, in whom there is not the knowledge of God." [18] Accordingly, he who takes the name of God foolishly, by blasphemy, takes the name of God in vain: "And he that blasphemeth the name of the Lord, dying let him die." [19]

#### TAKING GOD'S NAME JUSTLY

"Thou shalt not take the name of the Lord thy God in vain." However, the name of God may be taken for six purposes. First, to confirm something that is said, as in an oath. In this we show God alone is the first Truth, and also we show due reverence to God. For this reason it was commanded in the Old Law that one must not swear except by God. [20] They who swore otherwise violated this order: "By the name of strange gods you shall not swear." [21] Although at times one swears by creatures, nevertheless, it must be known that such is the same as swearing by God. When you swear by your soul or your head, it is as if you bind yourself to be punished by God. Thus: "But I call God to witness upon my soul." [22] And when you swear by the Gospel, you swear by God who gave the Gospel. But they sin who swear either by God or by the Gospel for any trivial reason.

The second purpose is that of sanctification. Thus, Baptism sanctifies, for as St. Paul says: "But you are washed, but you are sanctified, but you are justified in the name of our Lord Jesus Christ, and the Spirit of God." [23] Baptism, however, does not have power except through the invocation of the Trinity: "But Thou, O Lord, art among us, and Thy name is called upon by us." [24]

The third purpose is the expulsion of our adversary; hence, before Baptism we renounce the devil: "Only let Thy name be called upon us; take away our reproach.[25] Wherefore, if one return to his sins, the name of God has been taken in vain.

Fourthly, God's name is taken in order to confess it: "How then shall they call on Him, in whom they have not believed?"[26] And again: "Whosoever shall call upon the name of the Lord, shall be saved."[27] First of all, we confess by word of mouth that we may show forth the glory of God: "And every one that calleth upon My name, I have created him for My glory."[28] Accordingly, if one says anything against the glory of God, he takes the name of God in vain. Secondly, we confess God's name by our works, when our very actions show forth God's glory: "That they may see your good works, and may glorify your Father who is in heaven."[29] "Through you the name of God is blasphemed among the Gentiles."[30]

Fifthly it is taken for our defence: "The name of the Lord is a strong tower; the just runneth to it and shall be exalted."[31] "In My name they shall cast out devils."[32] "There is no other name under heaven given to men, whereby we must be saved.[33]

Lastly, it is taken in order to make our works complete. Thus says the Apostle: "All whatsoever you do in word or work, do all in the name of the Lord Jesus Christ."[34] The reason is because "our help is in the name of the Lord."[35] Sometimes it happens that one begins a work imprudently by starting with a vow, for instance, and then not completing either the work or the vow. And this again is taking God's name in vain. "If thou hast vowed anything to God, defer not to pay it."[36] "Vow and pay to the Lord your God; all ye that are round about Him bring presents."[37] "For an unfaithful and foolish promise displeaseth Him."[38]

(For "Questions for Discussion" see Chapter 6.)

#### ENDNOTES

1. "He who requires that honour be paid Him, also demands that we speak of Him with reverence, and He forbids the contrary. . . . There are those who are so blinded by darkness of error as not to fear to blaspheme His name, whom the Angels glorify. Men are not deterred by this Commandment from shamelessly and daringly outraging His divine majesty every day, or rather every hour and moment of the day. Who does not know that every assertion is accompanied with an oath and teems with curses and imprecations? To such lengths has this impiety been carried that one scarcely buys or sells, or transacts ordinary business of any sort, without having recourse to swearing, and who, even in matters the most unimportant and trivial, does not profane the most holy name of God thousands of times" ("Roman Catechism," "Second Commandment," 2). See also teaching of St. Thomas in "Summa Theol.," II-II, Q. lxxxix, art. 3, 5, 6.

2. Ps. xi. 3.

3. Zach, viii. 17.

4. "Ibid.," xiii. 3.

5. Heb., iv. 13.

6. Ps. v. 7.

7. Heb., vi. 16.

8. Ps. xciii. 11.

9. Deut., v. 11.

10. Matt., v. 33-34.

11. James, iii. 8.

12. Matt., v. 34, 37. "It cannot be stated that these words condemn oaths universally and under all circumstances, since the Apostles and Our Lord Himself made frequent use of oaths (Deut., vi. 13; Ps. lxii. 12; II Cor., i. 23; Philem., 8; Apoc., x. 6). The object of the Lord was rather to reprove the perverse opinion of the Jews, which was to the effect that the only thing to be avoided in an oath was a lie. . . . For oaths have been instituted on account of human frailty. They bespeak the inconstancy of him who takes it or the stubbornness of him who refuses to believe without it. However, an oath can be justified by necessity. When Our Lord says, 'Let your speech be: Yea, yea; No, no,' He evidently forbids the habit of swearing in familiar conversation and on trivial matters" ("Roman Catechism," "loc. cit.," 19).

13. Matt., v. 37.

14. Eccclus., xxiii. 9, 10.

15. Ps. iv. 3.

16. Mark, vi.

17. Jerem., iv. 2. Although to constitute an oath it is sufficient to call God to witness, yet to make a holy and just oath many other conditions are required. . . . The words [of Jeremias, cited above] briefly sum up all the conditions that constitute the perfection of an oath, namely, truth, judgement, justice ("Roman Catechism., "loc. cit.," 11).

18. Wis., xiii. 1.

19. Levit., xxiv. 16.

20. Deut., vi. 13.

21. Exod., xxiii. 13.

22. Cor., i. 23.

23. I Cor., vi. 11.

24. Jerem., xiv. 9.

25. Isa., iv. 1.

26. Rom., x. 14.

27. "Ibid.," 13.

28. Isa., xliii. 7.

29. Matt., v. 16.

30. Rom., ii. 24.
31. Prov., xviii. 10.
32. Mark, xvi. 17.
33. Acts, iv. 12.
34. Col., iii. 17.
35. Ps. cxxiii. 8.
36. Eccles., v. 3.
37. Ps. lxxv. 12.
38. Eccles., v. 3.

#### THE THIRD COMMANDMENT: "Remember that You Keep Holy the Sabbath Day."

This is the Third Commandment of the law, and very suitably is it so. For we are first commanded to adore God in our hearts, and the Commandment is to worship one God: "Thou shalt not have strange gods before Me." In the Second Commandment we are told to reverence God by word: "Thou shalt not take the name of the Lord thy God in vain." The Third commands us to reverence God by act. It is: "Remember that thou keep holy the Sabbath day." [1] God wished that a certain day be set aside on which men direct their minds to the service of the Lord.

#### REASONS FOR THIS COMMANDMENT

There are five reasons for this Commandment. The first reason was to put aside error, for the Holy Spirit saw that in the future some men would say that the world had always existed. "In the last days there shall come deceitful scoffers, walking after their own lusts, saying: Where is His promise or His coming? For since the time that the fathers slept, all things continue as they were from the beginning of creation. For this they are willfully ignorant of, that the heavens were before, and the earth out of water, and through water, created by the word of God." [2] God, therefore, wished that one day should be set aside in memory of the fact that He created all things in six days, and that on the seventh day He rested from the creation of new creatures. This is why the Lord placed this Commandment in the law, saying: "Remember that thou keep holy the Sabbath day."

The Jews kept holy the Sabbath in memory of the first creation; but Christ at His coming brought about a new creation. For by the first creation an earthly man was created, and by the second a heavenly man was formed: "For in Christ Jesus neither circumcision availeth any thing, nor uncircumcision, but a new creature." [3] This new creation is through grace, which came by the Resurrection: "That as Christ is risen from the dead by the glory of the Father, so we also may walk in newness of life. For if we have been planted together in the likeness of His death, so shall we also be in the likeness of His resurrection." [4] And thus, because the Resurrection took place on Sunday, we celebrate that day, even as the Jews observed the Sabbath on account of the first creation. [5]

The second reason for this Commandment is to instruct us in our faith in the Redeemer. For the flesh of Christ was not corrupted in the sepulchre, and thus it is said: "Moreover My flesh also shall rest in hope." [6] "Nor wilt Thou give Thy holy one to see corruption." [7] Wherefore, God wished

that the Sabbath should be observed, and that just as the sacrifices of the Old Law signified the death of Christ, so should the quiet of the Sabbath signify the rest of His body in the sepulchre. But we do not now observe these sacrifices, because with the advent of the reality and the truth, figures of it must cease, just as the darkness is dispelled with the rising of the sun. Nevertheless, we keep the Saturdays in veneration of the Blessed Virgin, in whom remained a firm faith on that Saturday while Christ was dead.

The third reason is that this Commandment was given to strengthen and foreshadow the fulfillment of the promise of rest. For rest indeed was promised to us: "And it shall come to pass on that day, that when God shall give thee rest from thy labor, and from thy vexation, and from the hard bondage, wherewith thou didst serve before." [8] "My people shall sit in the beauty of peace, and in the tabernacle of confidence, and in wealthy rest." [9]

We hope for rest from three things: from the labors of the present life, from the struggles of temptations, and from the servitude of the devil. Christ promised this rest to all those who will come to Him: "Come to Me, all ye that labor and are burdened, and I will refresh you. Take up My yoke upon you, and learn of Me, because I am meek and humble of heart; and you shall find rest to your souls. For My yoke is sweet and My burden light." [10]

However, the Lord, as we know, worked for six days and on the seventh He rested, because it is necessary to do a perfect work: "Behold with your eyes how I have labored a little, and have found much rest to Myself." [11] For the period of eternity exceeds the present time incomparably more than a thousand years exceeds one day.

Fourthly, this Commandment was given for the increase of our love: "For the corruptible body is a load upon the soul." [12] And man always tends downwards towards earthly things unless he takes means to raise himself above them. It is indeed necessary to have a certain time for this; in fact, some do this continually: "I will bless the Lord at all times, His praise shall ever be in my mouth." [13] And again: "Pray without ceasing." [14] These shall enjoy the everlasting Sabbath. There are others who do this (i.e., excite love for God) during a certain portion of the day: "Seven times a day I have given praise to Thee." [15] And some, in order to avoid being entirely apart from God, find it necessary to have a fixed day, lest they become too lukewarm in their love of God: "If you call the Sabbath delightful . . . then shalt thou be delighted in the Lord." [16] Again: "Then shalt thou abound in delights of the Almighty, and shalt lift up thy face to God." [17] And accordingly this day is not set aside for the sole exercise of games, but to praise and pray to the Lord God. Wherefore, St. Augustine says that it is a lesser evil to plough than to play on this day. [18]

Lastly, we are given this Commandment in order to exercise works of kindness to those who are subject to us. For some are so cruel to themselves and to others that they labor ceaselessly all on account of money. This is true especially of the Jews, who are most avaricious. "Observe the day of the Sabbath to sanctify it . . . that thy man-servant and thy maid-servant may rest, even as thyself." [19] This Commandment, therefore, was given for all these reasons.

#### FROM WHAT WE SHOULD ABSTAIN ON THE SABBATH

"Remember that you keep holy (sanctify) the Sabbath day." We have already said that, as the Jews celebrated the Sabbath, so do we Christians observe the Sunday and all principal feasts. Let us now see in what way we should keep these days. We ought to know that God did not say to "keep" the Sabbath, but to remember to keep it holy. The word "holy" may be taken in two ways. Sometimes "holy" (sanctified) is the same as pure: "But you are washed, but you are sanctified" [20] (that is, made holy). Then again at times "holy" is said of a thing consecrated to the worship of God, as, for instance, a place, a season, vestments, and the holy vessels. Therefore, in these two ways we ought to celebrate the feasts, that is, both purely and by giving ourselves over to divine service.

We shall consider two things regarding this Commandment. First, what should be avoided on a feast day, and secondly, what we should do. We ought to avoid three things. The first is servile work.

Avoidance of Servile Work.--"Neither do ye any work; sanctify the Sabbath day." [21] And so also it is said in the Law: "You shall do no servile work therein." [22] Now, servile work is bodily work; whereas "free work" (i.e., non-servile work) is done by the mind, for instance, the exercise of the intellect and such like. And one cannot be servilely bound to do this kind of work.

When Servile Work Is Lawful.--We ought to know, however, that servile work can be done on the Sabbath for four reasons. The first reason is necessity. Wherefore, the Lord excused the disciples plucking the ears of corn on the Sabbath, as we read in St. Matthew (xii. 3-5). The second reason is when the work is done for the service of the Church; as we see in the same Gospel how the priests did all things necessary in the Temple on the Sabbath day. The third reason is for the good of our neighbour; for on the Sabbath the Saviour cured one having a withered hand, and He refuted the Jews who reprimanded Him, by citing the example of the sheep in a pit ("ibid. "). And the fourth reason is the authority of our superiors. Thus, God commanded the Jews to circumcise on the Sabbath. [13]

Avoidance of Sin and Negligence on the Sabbath.--Another thing to be avoided on the Sabbath is sin: "Take heed to your souls, and carry no burdens on the Sabbath day." [24] This weight and burden on the soul is sin: "My iniquities as a heavy burden are become heavy upon me." [25] Now, sin is a servile work because "whosoever committeth sin is the servant of sin." [26] Therefore, when it is said, "You shall do no servile work therein," [27] it can be understood of sin. Thus, one violates this commandment as often as one commits sin on the Sabbath; and so both by working and by sin God is offended. [28] "The Sabbaths and other festivals I will not abide." And why? "Because your assemblies are wicked. My soul hateth your new moon [29] and your solemnities; they are become troublesome to me." [30]

Another thing to avoid on the Sabbath is idleness: "For idleness hath taught much evil." [31] St. Jerome says: "Always do some good work, and the devil will always find you occupied." [32] Hence, it is not good for one to keep only the principal feasts, if on the others one would remain idle. "The King's honour loveth judgment," [33] that is to say, discretion. Wherefore, we read that certain of the Jews were in hiding, and their enemies fell upon them; but they, believing that they were not able to defend themselves on the Sabbath, were overcome and killed. [34] The same thing happens to many who are idle on the feast days: "The enemies have seen her, and have mocked at her Sabbaths." [35] But all such should do as those Jews did, of whom it is said: "Whosoever shall come up against us to fight on the Sabbath day, we will fight against him." [36]

#### WITH WHAT THE SABBATH AND FEASTS SHOULD BE OCCUPIED

"Remember that thou keep holy the Sabbath day." We have already said that man must keep the feast days holy; and that "holy" is considered in two ways, namely, "pure" and "consecrated to God." Moreover, we have indicated what things we should abstain from on these days. Now it must be shown with what we should occupy ourselves, and they are three in number.

The Offering of Sacrifice.--The first is the offering of sacrifices. [37] In the Book of Numbers (xxviii) it is written how God ordered that on each day there be offered one lamb in the morning and another in the evening, but on the Sabbath day the number should be doubled. And this showed that on the Sabbath we should offer sacrifice to God from all that we possess: "All things are Thine; and we have given Thee what we received from Thy hand." [38] We should offer, first of all, our soul to God, being sorry for our sins: "A sacrifice to God is an afflicted spirit;" [39] and also pray



for His blessings: "Let my prayer be directed as incense in Thy sight." [40] Feast days were instituted for that spiritual joy which is the effect of prayer. Therefore, on such days our prayers should be multiplied.

Secondly, we should offer our body, by mortifying it with fasting; [41] "I beseech you therefore, brethren, by the mercy of God, that you present your bodies a living sacrifice," [42] and also by praising God: "The sacrifice of praise shall honour Me." [43] And thus on these days our hymns should be more numerous. Thirdly, we should sacrifice our possessions by giving alms: "And do not forget to do good, and to impart; for by such sacrifice God's favor is obtained." [44] And this alms ought to be more than on other days because the Sabbath is a day of common joys: "Send portions to them that have not prepared for themselves, because it is the holy day of the Lord." [45]

Hearing of God's Word.--Our second duty on the Sabbath is to be eager to hear the word of God. This the Jews did daily: "The voices of the prophets which are read every Sabbath." [46] Therefore Christians, whose justice should be more perfect, ought to come together on the Sabbath to hear sermons and participate in the services of the Church! "He that is God, heareth the words of God." [47] We likewise ought to speak with profit to others: "Let no evil speech proceed from your mouth; but that which is good unto sanctification." [48] These two practices are good for the soul of the sinner, because they change his heart for the better: "Are not My words as a fire, saith the Lord, and as a hammer that breaketh the rock in pieces?" [49] The opposite effect is had on those, even the perfect, who neither speak nor hear profitable things: "Evil communications corrupt good manners. Awake, ye just, and sin not." [50] "Thy words have I hidden in my heart." [51] God's word enlightens the ignorant: "Thy word is a lamp to my feet." [52] It inflames the lukewarm: "The word of the Lord inflamed him." [53]

#### THE SPIRITUAL SABBATH

The contemplation of divine things may be exercised on the Sabbath. However, this is for the more perfect. [54] "O taste, and see that the Lord is sweet," [55] and this is because of the quiet of the soul. For just as the tired body desires rest, so also does the soul. But the soul's proper rest is in God: "Be Thou unto me a God, a protector, and a house of refuge." [56] "There remaineth therefore a day of rest for the people of God. For he that is entered into his rest, the same also hath rested from his works, as God did from His." [57] When I go into my house, I shall repose myself with her" (i.e., Wisdom). [58]

However, before the soul arrives at this rest, three other rests must precede. The first is the rest from the turmoil of sin: "But the wicked are like the raging sea which cannot rest." [59] The second rest is from the passions of the flesh, because "the flesh lusteth against the spirit, and the spirit against the flesh." [60] The third is rest from the occupations of the world: "Martha, Martha, thou art careful and art troubled about many things." [61]

#### THE HEAVENLY SABBATH [62]

And then after all these things the soul rests peacefully in God: "If thou call the Sabbath delightful . . . then shalt thou be delighted in the Lord," [63] The Saints gave up everything to possess this rest, "for it is a pearl of great price which a man having found, hid it, and for joy thereof goeth and selleth all that he hath, and buyeth that field." [64] This rest in truth is eternal life and heavenly joy: "This is my rest for ever and ever; here will I dwell, for I have chosen it." [65] And to this rest may the Lord bring us all!

(For "Questions for Discussion" see Chapter 6.)

#### ENDNOTES

1. St. Thomas also treats of this Commandment in the "Summa Theologica," I- II Q. cii, art. 4, 10; "ibid.," II-II, Q. cxxxii, art. 4.
2. II Peter, iii. 3-5.
3. Gal., vi. 15.
4. Rom., vi. 4-5.
5. "The Apostles, therefore, resolved to consecrate the first of the seven days of the week to the divine worship, and they called it 'the Lord's Day.' St. John makes mention of 'the Lord's Day' in the Apocalypse (i. 10), and St. Paul commands collections to be made 'on the first day of the week' (I Cor., xvi. 2). . . . From all this we learn that even then the Lord's Day was kept holy in the Church. . . . The Church of God has thought it well to transfer the celebration and observance of the Sabbath to Sunday. On that day light first shone on the world when the Lord arose on that day, and the gate of eternal life was thrown open to us and we were called out of darkness into light. . . . We also learn from the Holy Scriptures that the first day of the week was held sacred for other reasons, viz., on that day the creation began, and on that day the Holy Ghost descended upon the Apostles" ("Roman Catechism." Third Commandment, 7, 18).
6. Ps. xv. 9.
7. "Ibid.," 10.
8. Isa., xiv. 3.
9. "Ibid.," xxxii. 18.
10. Matt., xi. 28-30.
11. Eccclus., li. 35.
12. Wis., ix. 15.
13. Ps. xxxiii. 2.
14. I Thess., v. 17.
15. Ps. cxviii. 164.
16. Isa., lviii. 13-14.
17. Job xxii. 26.
18. This is a reference to the great public spectacles and games.
19. Deut., v. 12-14.
20. I Cor., vi. 11.
21. Jerem., xvii. 22.































































































































































